

St. Mary's Falmouth & Helston RC Parish

The Parish is a part of Plymouth RC Diocese, a Registered Charity

Parish Church:- St Mary Immaculate, Falmouth serving St Edwards, Mawnan Smith

St Mary's Presbytery, Killigrew St, Falmouth, TR11 3PR -

email: falmouth@prcdtr.org.uk phone 01326 312763

Parish Priest - Fr Brian Kenwick

Safeguarding Officers: - Sheila Jordan (619648)

Hilary Kiszczuk (212070)

14th SUNDAY IN ORDINARY TIME (YEAR C)

Psalter week 2

3rd July 2016

FALMOUTH



SAT	6.30 pm	FALMOUTH	Nellie & Dick Stevens
SUN	9.00 am	MAWNAN SMITH	
SUN	10.45 am	FALMOUTH	People of the Parish

Weekday Masses (14th week in Ordinary Time)

MON	Chideock Martyrs	10.00 am	Holy Souls
TUES	St. Anthony Zaccaria	10.00 am	
WED	St. Maria Goretti	7.00 pm	
THUR	weekday	10.00 am	MAWNAN SMITH
FRI	weekday	10.00 am	
SAT	St. Augustine Zhao Rong	10.00 am	James Cahill RIP

EXPOSITION WEDNESDAY 10.30 am to 1 pm with Rosary at noon, SATURDAY 10.30 am to 11.30 am

SACRAMENT OF RECONCILIATION SATURDAY 10.30 am to 11.30 am and 5.30 pm to 6.25 pm

HELSTON

St Mary's Helston, serving St Michael's Mullion.

email: helston@prcdtr.org.uk phone 01326 572378

Resident priest - Fr John Gilbert

Safeguarding Officer: - Frieda Curnow (572497)

SUN 9.00 am HELSTON Helen Whalley RIP.

SUN 11.00 am MULLION

Weekday Masses (14th week in Ordinary Time)

MON	Chideock Martyrs	NO MASS	
TUES	St. Anthony Zaccaria	6.30 pm	Tess Chainey RIP
WED	St. Maria Goretti	12.15 pm	CULDROSE
THUR	weekday	10.00 am	
FRI	weekday	10.00 am	MULLION
SAT	St. Augustine Zhao Rong	10.00 am	

SACRAMENT OF RECONCILIATION SATURDAY 10.30 am – 11.00 am

Parish School

St Mary's Primary, Mongleath Road, Falmouth, TR11 4PW

01326 314540

**World Youth Day Fundraising Parish Family Walk
on Sunday 3rd July.**

Everyone (and their friendly dogs) are warmly invited to meet at St Edward's Church, Mawnan Smith at 2.00pm for a circular walk of approximately 5 miles along the beautiful coastal path. Shorter variations available for tired or short legs.

A suggested donation for pilgrims going to World Youth Day of £5 per family. Free tea, coffee, soft drinks and cake served on return, and hot dogs will be on sale too.

Further details Anna Middlewick 07784479315
Even if you're not a walker, please join us for tea and cakes and a chat!



Helston Food Basket.

As part of our Parish commitment to those in need, please support our monthly donations on the first Sunday in the month, **3rd July**

The Big Picture

Next meeting is on **Tuesday 5th July**, 7pm, in the Parish Hall at Falmouth.

The topic for our prayer and reflection for week 5 is **Incarnation**

Pro-Life Prayer Vigil

Outside Treliske Hospital on **Saturday 9th July** from 11 am to 12 noon. Please join us if you are able to pray for the upholding of the sanctity of human life from conception to natural death.

Fairtrade Goods

On sale after 10.45 Mass in the hall at Falmouth on 2nd Sunday of the month, next on **Sunday 10th July.**

Parish evening 'get-together' in aid of Medical Missionary Sisters in South Sudan

On **Saturday 9th July** from 7.30 pm in the hall at Falmouth.

Come and enjoy this annual event and bring your friends, a plate of food to share (and wine if you wish).

Donations for 3 missionary sisters who are providing family healthcare for 25,000 refugees in this war-torn country.

Enquiries to Mary Bradley on 01326 312768



Justice and Peace meeting (Falmouth)

2nd Tuesday of every month next on **Tuesday 12th July** at 2 pm in the hall at Falmouth. All welcome.

Parish Outing!

A coach trip to Pencarrow House and gardens on **Thursday 11th August.**

Coach departs Helston at 9.30am.

Fully Booked!

Cornish Pilgrimage to Walsingham

From 9th to 15th October.

Travel and full board £425.

Contact Christine Pearce on 01736 369921 for further details.

Collections this week

£1,190.72 including standing orders thank you

July Rota (Falmouth)

Now available at back of church.

St Mary's Catholic Primary School News

Prayer Space

Over the last week we have set up a special prayer space in school. The theme for our space has been 'Change' and allowing children to think and talk to God about their transition to their next class or school. This enabled the children and adults to explore prayer in a very creative way. Children across the school have been inspired to think differently about prayer. Having such a special space has created a real sense of awe and wonder for children and adults alike. Many children have been keen to share this space with their parents and this has provided an opportunity for them to pray together.

As a school we are blessed with such imaginative teachers who provide the very best opportunities for all the children in our care. We hope to run other prayer spaces in the future and if there are any members of the Parish who would like to support the staff and children with this initiative please contact Mrs. Shailes at the school.

Falmouth & Penryn Churches Together

Falmouth and Penryn Churches together, invite you to their AGM, **Wednesday 6 July** 7.00pm, at New Life Church, Dracaena Avenue, Falmouth TR11 2EG.

Meeting will begin with a short time of prayer together, followed by a **brief** AGM and a report on the local needs of Falmouth. Evening will conclude with a **pasty supper and some time to socialise**.

Please come and join us. Please contact: Pat Fitzpatrick – email: patfitz60@btinternet.com or phone: 01326 316566 to order your veg or meat pasty.

SVP PLEASE, PLEASE, PLEASE, HELP – LIFTS

We still have members of our church community who can't get to mass because they don't have transport. They are elderly or sick. We currently have three members of our community who can't get to mass.

Attending mass is a very important part of their life.

Please contact me if you can help. Offering to give a lift to one of the less able in our community doesn't mean you have to commit to every week. I am compiling a list of people who can offer lifts on a regular or less regular basis. The more of us that offer the more we can share our kindness and generosity.

I do hope you are able to offer support. Please contact me.

Tony Schorah, SVP, 317655, a.s.schorah@gmail.com

BAPTISM

To avoid disappointment, please give the priests of the parish at least 3 months notice when planning your child's baptism.

Retreat 3: now taking bookings, from Falmouth parish, and after this w/end Wadebridge, Bodmin, Liskeard and Saltash parishes. Ten places in total on third retreat, with possibly 2 already taken by extra applicants from Truro, and Newquay.

Arriving Monday morning, 8th August; departing Friday after "coming out of retreat tea and cakes" Friday, 12th August, 4.00pm.

In addition I have managed to secure some limited funding. All enquiries, whether about bookings for the retreat, or funding to facilitate such a booking are all dealt with in complete confidence through Rosemary Moffat on 01326 617023 (retreat co-ordinator).

Please note: Falmouth parishioners will be accompanied by Fr. Paul, as Rosemary is replacing Margaret Brittan as the second person accompanying retreatants in Retreat 3.

Malawi

We have received a letter from Brother Joseph Kapalasa, our sponsored seminarian.

He sends his greetings and thanks to us. He is doing well in his theological studies. We continue to remember him in our prayers.

From Father Brian

Next week is Sea Sunday, when the Church prays for all who live and work at sea. There will be a retiring collection for Apostleship of the Sea, the official maritime agency of the Catholic Church in Great Britain. It provides practical and spiritual support to seafarers visiting our ports. As it is wholly dependant on voluntary donations, please give generously. Here in Falmouth we have a long tradition in supporting the Apostleship of the Sea and I am confident that this commitment will continue.

REFLECTION

To be a true disciple, working for Jesus and the Kingdom, is no easy matter. It is something which can be achieved effectively only by those who have the inner resources which the Lord alone can give. Those inner resources may be sought through prayer, study and the sacraments. This means that the serious follower of Jesus needs to have a structured spiritual life - a *disciplined* life built on regular prayer and worship. Indeed, if you think about it, the words 'disciple' and 'discipline' share the same root, and one dictionary definition of discipline is, "*A set of rules or methods, as those regulating the practice of a church or monastic order.*"

The God we worship is a God of order, not a God of chaos. We should reflect this by living ordered and disciplined spiritual lives; that is why every practising Christian should have a 'Rule of Life.' This may be fairly simple, such as saying prayers on rising in the morning and on going to bed at night, along with some reading of the Bible at some point in the day; or it may be a little more involved, such as saying the Daily Offices of Morning and Evening Prayer. A 'Rule of Life' should be tailored to the individual's needs and way of life and needs to be seen as being the means of equipping us to follow Jesus and to do his work in the world effectively. (Anyone who wishes to work out a suitable Rule of Life and needs some help are always welcome to speak to a priest for guidance).

What, you may ask, is the reward? Short-term it means true inner peace and the kind of genuine joy the seventy two had when they returned to Jesus, absolutely full of excitement at the experience. Long term, as Jesus told them, it will be having our names written in heaven. The big question is, just how keen are *you* to be a true and active disciple of Jesus...?

Fr John Gilbert.

Sick

Please pray for those in the Parish who are sick or housebound.

Falmouth:

Kathleen O'Flaherty, Pip Owen, Gill Beaton, John Jenkin, Colin Campbell, Bill Cummins, Joan Lesk, Lynda Peace, Eve Anderson, Diana Momber, Annette Biagini, Sheila Mooney, Maureen Crosthwaite, Marjorie Brady, Peter Moffat, Chris Gee, Stan Gwynne, Margaret Wright, Brian Harry, Theresa Sullivan, Fr Louis Rieunier, Ben Davis, Sheila Mongey, Kerry Chellew, Caitlin Bee, baby Isabella Grace, Fr Robbie Low, Sheila Parsons, Marguerite Molyneux, Finn Lyons, Tony Bartlett, Katie Turner, Rebecca Emms, Mark Fanning, Ursula Emms, Kevin Allen, Suzy Hoyle, Howard Brebner, Beryl Blewett and Francis O'Hara.

Helston:

Lisa Tripconey, Mary Harry, Heather Ashton, Nancy Bowkett, Poppy De'Ath, Pam O'Brien, Bill Collins, Chris & Mary Gilbert, May Gordon, Lilian Gilbert and Frieda Curnow.