

# St. Mary's Falmouth & Helston RC Parish

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

Parish Church:- St Mary Immaculate, Falmouth serving St Edwards, Mawnan Smith

St Mary's, Killigrew St, Falmouth, TR11 3PR - email: [falmouth@prcdtr.org.uk](mailto:falmouth@prcdtr.org.uk) phone 01326 312763

## Parish Priest - Father Brian Kenwick V.F.

Safeguarding Officers: - Sheila Jordan (619648), Hilary Kiszczuk (212070)

Parish School: St Mary's RC Primary, Mongleath Road,

01326 314540

THIRD SUNDAY OF EASTER (YEAR A)

Psalter 3

26<sup>th</sup> APRIL 2020



## FALMOUTH

SAT 6.30 pm FALMOUTH  
SUN 9.00 am MAWNAN SMITH  
SUN 10.45 am FALMOUTH

All public Masses suspended  
Fr Brian will offer Sunday Mass for the  
People of the Parish privately

### Weekday Masses (3<sup>rd</sup> week of Easter)

MON Easter weekday  
TUES Ss. Peter Chanel & Louis Grignion de Montifort  
WED ST CATHERINE OF SIENA  
THUR Easter weekday  
FRI St Joseph the worker  
SAT St Athanasius

All public Masses suspended  
Fr Brian will offer daily Mass for the  
People of the Parish privately

SACRAMENT OF RECONCILIATION Currently unavailable

## HELSTON

St Mary's Helston, serving St Michael's Mullion.

email: [helston@prcdtr.org.uk](mailto:helston@prcdtr.org.uk) phone 01326 572378

Resident priest - Fr Paul Andrew Email: [frpaulandrew@live.com](mailto:frpaulandrew@live.com) emergency contact 07548654893

See also our Facebook page: "Catholics on the Lizard Peninsula"

Safeguarding reps: Meg Trevaskis & Margaret Chambers.

Hall contact: - vacant



SUN 9.30 am HELSTON

All public Masses suspended  
Fr Paul will offer Sunday Mass privately

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Please contact Fr Brian if you have a relative in danger of death for advice.

### **Fr Brian's homily - 3<sup>rd</sup> Sunday of Easter**

There is an old Chinese proverb that says; "To get through the hardest journey we need take only one step at a time, but we must keep on stepping".

All of us at the moment are on a hard journey, travelling a difficult road. This particular journey is challenging and hard because we do not know when the final destination will be reached, we do not know when the road will end.

We long to travel through the barriers and obstacles of the Coronavirus and reach the safe haven of normal life and freedom.

It is not surprising that on this current journey many of us are downcast, sad and lonely. Deprived of so much that gives our lives strength, meaning and purpose.

In this Sunday's Gospel we meet two disciples of Jesus who are on a journey, who are travelling on the road that leads to a village called Emmaus.

It is a difficult time for the two disciples, they are sad and downcast, they are lonely because they believe that through the crucifixion they have lost Jesus forever.

The meaning, purpose and hopes of their lives have disappeared.

However, on this sad and lonely journey the disciples are joined by a companion who travels the same road as the two disciples.

Of course, their travelling companion is Jesus but at first, because of their pain, sadness and grief they fail to recognise Him. However, Jesus breaks open the treasures of scripture for them to show them that He, the Christ, was ordained to fulfil the promises of God, to suffer, to rise again and so enter into His glory. A glory to be shared among all those who believe in the power of Jesus to save and raise up.

Finally after explaining the scriptures to the disciples they recognize Him in the breaking of bread.

The two disciples on the road to Emmaus finally see that Jesus is risen and He will never leave them. He will always be by their side, He will remain their travelling companion.

Today's Gospel, the road to Emmaus, is the blueprint of every celebration of the Mass.

For we travel to the Mass and on our journey we are joined by Jesus who then breaks open the scripture for us and then feeds us, comes to us through the breaking of bread through the Eucharist, through Holy Communion.

Of course at the moment, on our present journey there are no public celebrations of the Mass. The doors of our churches and chapels are locked.

We cannot meet as a community we cannot be fed and nourished through Word and Sacrament at the celebration of the Most Holy Mass.

So where is Jesus now when many on the journey, on the road are feeling broken, hurt and helpless.

Where is our Lord when so many look through our windows seeing empty streets and roads, feeling alone without companionship.

However, no journey is too long, too hard, with the right company. And surely the Gospel tells us that we are never abandoned by Jesus, He is our travelling companion, even when we are not always aware of His presence.

Yes, Jesus is by our sides, He is on the same road as us.

It is a great regret, a constant hurt that we cannot experience the real and true presence of Jesus Christ in Holy Communion.

However, we know and we believe that Jesus is truly present in Holy Scripture, He is available to us in the Gospels.

So may all of us find and discover the real presence of Jesus by opening the pages of our bibles, believing that our Lord will truly speak, comfort and strengthen us through Holy Scripture.

At the moment we are travelling on a hard and difficult road.

However, as Christians we are able to embrace the journey because we are not alone, Jesus is with us, He is our companion on the journey.

So let us all take Holy Scripture as our map and travel guide as we journey on the road that will surely lead us to better days.

May God bless you all.

**MISSION MADE POSSIBLE** Normal life may have 'paused' but the Mission of the Church can continue and grow.

We have a great opportunity within our diocese to deepen our discipleship and answer the call to Mission. You are invited to learn from your home, how to have conversations about faith, with friends, family or in everyday encounters that don't make you or anyone else feel awkward.

Join disciples across the globe who are learning together to spread the Good News.

To begin, register your interest to be part of this great mission at [info@genesismission.co.uk](mailto:info@genesismission.co.uk) and click on this link <https://youtu.be/nmigFaMrs4w> to watch the 40 minute overview.

God bless.

Fr. Jon Bielawski

**From Father Brian**

We have now reached the Third Sunday of Easter. This Sunday's Gospel gives an account of the two disciples on the road to Emmaus. On their journey they are joined by Jesus, He becomes their travelling companion. All of us are on a long and difficult road travelling towards the light that awaits us all at the end of our current challenge. Our faith tells us loud and clear that Jesus is with us He is our travelling companion. If we fall and stumble on the road Jesus will reach out and lift us up by His love, peace and compassion. Jesus will never leave us.

This coming Friday, the first of May, is the Feast of St Joseph the Worker. St Joseph is the quiet man of the Gospel, not a single word of his is recorded in scripture. In this time of quiet and silence we ask St Joseph to pray for us that we may remain good and faithful servants of Jesus just like he was. Have a good and safe week.

May God keep you safe and well.

**Points to Ponder**

Our greatest glory is not never falling, but in rising every time we fall.

*(Confucius)*

No matter what, just keep going, your future self will be proud.

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If you get tired, learn to rest, not to quit.

**Please remember** in your prayers **Father Michael Downey**, a priest of the Diocese, who died a few days ago. Father Michael served the Lord as a priest for over 62 years. May he rest in peace.

**Diary Dates – all events are postponed or cancelled at this time**

**Prayer Requests**

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

**Falmouth:**

Kathleen O'Flaherty, Colin Campbell, Annette Biagini, Theresa Sullivan, Isabella Grace, Colin Jago, Jason Campbell, Sylvia Rowe, Winn Xenaky, Sister Martin, Steven Pellow, +Pat Berney, Hugh McLoughlin, Rosemary Moffat, David Stevens, Noelle Elliott, Mary Froom and Wendy Pyatt.

**Helston:**

Heather Ashton, Frieda Curnow, Poppy DeAth, Isobel Ellis, Mary Gilbert, Mary Harry, Walter Hayes, Celia Kirkland, Colin & Theresa Neal, John Shiell and May & Gordon Steward.

### **On-Line Masses**

Several places are live-streaming Masses, this is one <https://mass-online.org/daily-holy-mass-live-online/> as we hear of others we will let you know. We have also received an email from our sister parish in **Falmouth Massachusetts** offering their live Masses, they invite us to connect to their website [falmouthcatholic.org](http://falmouthcatholic.org) to join them in worship--the times may be a bit daunting, but we can access the service really at any time .

And, of course, **Fr Paul** is live streaming on his Facebook page – 9.30 am daily and the Bishop is streaming from the cathedral on YouTube – Plymouth diocese, check cathedral parish newsletter for Mass times.

Live streamed Masses from Walsingham begin with a Guardian Angel prayer and contain an Act of Spiritual Communion which are included here as they may be helpful wherever you are 'going' to Mass.

### **Guardian Angel Prayer**

O Holy Angel at my side  
Go to church for me,  
Kneel in my place, at Holy Mass,  
Where I desire to be.

At Offertory, in my stead,  
Take all I am and own,  
And place it as a sacrifice  
Upon the Altar Throne.

At Holy Consecration's bell,  
Adore with Seraph's love,  
My Jesus hidden in the Host,  
Come down from heaven above.

Then pray for those I dearly love,  
And those who cause me grief,  
That Jesus' blood may cleanse all hearts,  
And suffering souls relieve.

And when the priest communion takes,  
Oh, bring my Lord to me,  
That His sweet heart may rest on mine,  
And I His temple be.

Pray that this Sacrifice Divine,  
May mankind's sins efface;  
Then bring me Jesus' blessing home,  
The pledge of every grace. Amen

### **Spiritual Communion Prayer**

My Jesus, I believe that you are in the Blessed Sacrament. I love you above all things, and I long for you in my soul. Since I cannot now receive you Sacramentally, come at least spiritually into my heart. As though you had already come, I embrace You and unite myself entirely to You; never permit me to be separated from You. Amen.