

# St. Mary's Falmouth & Helston RC Parish

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

Parish Church:- St Mary Immaculate, Falmouth serving St Edwards, Mawnan Smith

St Mary's, Killigrew St, Falmouth, TR11 3PR - email: [falmouth@prcdtr.org.uk](mailto:falmouth@prcdtr.org.uk) phone 01326 312763

## Parish Priest - Father Brian Kenwick V.F.

Safeguarding Officers: - Sheila Jordan (619648), Hilary Kiszczuk (212070)

Parish School: St Mary's RC Primary, Mongleath Road,

01326 314540

SS. PETER & PAUL (YEAR A) Psalter 1

28<sup>th</sup> June 2020



## FALMOUTH

SAT 6.30 pm FALMOUTH  
SUN 9.00 am MAWNAN SMITH  
SUN 10.45 am FALMOUTH

All public Masses suspended  
Fr Brian will offer Sunday Mass for the  
People of the Parish privately

### Weekday Masses (13<sup>th</sup> week in Ordinary Time)

MON weekday  
TUES weekday  
WED St Oliver Plunket  
THUR weekday  
FRI ST THOMAS  
SAT Chideock Martyrs

All public Masses suspended  
Fr Brian will offer daily Mass for the  
People of the Parish privately

SACRAMENT OF RECONCILIATION Currently unavailable

## HELSTON

St Mary's Helston, serving St Michael's Mullion. email: [helston@prcdtr.org.uk](mailto:helston@prcdtr.org.uk) phone 01326 572378

Resident priest - Fr Paul Andrew Email: [frpaulandrew@live.com](mailto:frpaulandrew@live.com) emergency contact 075 1547 2547

The Catholic Presbytery, Clodgey Lane, Helston TR13 8PJ

Safeguarding reps: Meg Trevaskis & Margaret Chambers. Hall contact: - *vacant*

More information on our Facebook page: "Catholics on the Lizard Peninsula"

USUAL SUNDAY MASS TIMES: 9.00 am HELSTON; 11.15 am MULLION

**All public Masses are suspended – Mass is said privately in church.**

**EVERY MASS IS LIVE-STREAMED DAILY AT 09.30 ON FACEBOOK**

**(and later uploaded to our YouTube channel: St Mary's Catholic Church, Helston)**

### MASSES THIS WEEK (13<sup>th</sup> week in Ordinary Time)

SUN SS PETER & PAUL  
MON weekday  
TUES weekday  
WED St Oliver Plunket  
THUR weekday  
FRI ST THOMAS  
SAT Chideock Martyrs

SACRAMENT OF RECONCILIATION Currently unavailable

Please contact Fr Brian if you have a relative in danger of death for advice.



## **12<sup>th</sup> Sunday in Ordinary Time - homily**

Today, Sunday 21<sup>st</sup> June I celebrate my 67<sup>th</sup> birthday. And as I look into my bathroom mirror I realize that as the years go by I have made the work of God a little easier.

For I am getting quite thin on top and I have a lot less hair for God to count. Truly a case of 'hair today, gone tomorrow'.

Today's Gospel reminds me that I well may lose my hair but I will never lose the love of God as expressed through His only Son Jesus Christ.

In the Gospel Jesus proclaims that God the Father loves and cares deeply for His disciples, for His followers. As well as using the example of our hair Jesus also uses the example of a sparrow. Now the common sparrow was regarded as almost worthless. These little birds were sold in the local market as food for the poor. At the time of Jesus you could buy two sparrows for a penny and five for two pennies. The fifth was thrown in for nothing. Yet Jesus tells us not one little worthless sparrow falls to the ground without God the Father knowing.

So there is no need for us to be afraid or doubt the love of God for we, created in the likeness and image of God, are worth more than hundreds of sparrows.

It seems to me Jesus makes the important truth that we are valuable, precious and important to almighty God.

Believing this eternal and divine truth should fill us as Christians with our own sense of worth. Knowing we are worthwhile, that we are valued by God should be enough for us to face and overcome our fears and our doubts.

In today's Gospel, and indeed throughout the Gospels, Jesus urges us not to be afraid. For if we remain true and faithful to Him the darkness of fear and doubt will be conquered. Better days will come. All will be well.

It cannot be denied that the coronavirus has brought fear to millions upon millions of people throughout the world. Because of this fear we have been prepared to undergo the loss of personal basic freedom and human rights to save lives and to defeat this evil virus.

Now it seems to me that Christians should not always feel guilty about feeling afraid. Sometimes, on occasions it is common sense and only human to be scared. For this feeling can cause us to make practical choices to help us, our loved ones and others to be safe and well.

I think only the very foolish are not afraid of anything.

However, as Jesus reminds us in today's Gospel, fear must not define us or control us as free and thinking human beings created in the image of God.

For fear can cause us to focus totally on our physical lives and to ignore the needs of our spiritual lives.

Looking after our bodies while neglecting our souls will only end in tears. We must never let our fear decide our eternal future. Let's be honest, feeling scared, knowing fear does not stop death, it stops life. A life that we are called to live as people who are loved by God and precious and important in His eyes.

From personal experience I think being faithful and brave as a Christian does not mean living our lives totally without fear and doubt. No, I think what it means to be a Christian, to have Jesus as Our Lord and Saviour, is that with faith and trust we can face up to our fears and with God's love overcome them.

No virus, deadly and cruel as it may be, can destroy or weaken our worth and value as people who are loved and cherished by God.

We can face the intimidation of the coronavirus when we truly believe in our worth and value before the God who made us. Our real sense of worth can and will overcome our real sense of fear.

The Father, through His only Son Jesus, offers us His everlasting love.

There is no social distancing with Jesus. He is not a distant or absent God. Jesus walks beside us. He is our companion on our journey and with Jesus we will overcome our fears and doubts. The love of Jesus has the power to enable us to let go of our fear.

As Christians, as followers of Jesus we must never let our lives be dominated or controlled by fear, and the possibility of what might happen.

No virus, no disease can tell us what to do and how to feel. No, only the heart within us can do that. And if we have a heart for Jesus then our fears and our doubts will be overcome. Despite the virus we know, we believe and we trust that God is in charge, that Jesus is in control.

Ultimately the coronavirus is rubbish and garbage. But we are not! For as the Gospel tells us we matter to God, we are important and precious to Him.

Knowing this, believing this, we as Christians will not allow fear to define and shape our lives.

Our real worth and value before God is a powerful and irresistible power that will overcome and conquer our doubts and fears.

May God bless you all

Father Brian

### **Stella Maris (Apostleship of the Sea) [info@apostleshipofthesea.org.uk](mailto:info@apostleshipofthesea.org.uk)**

While we are going through this difficult time, praise quite rightly has been given to the NHS. Transport drivers, refuge collectors, teachers, shop workers etc have all been added to the list we have to thank through this pandemic. Have the seafarers been forgotten? In the UK we rely on seafarers to keep working to bring the goods we rely on, as up to 95% of our supplies come to us from all over the world by ship. Shipping is one of the most necessary businesses on the planet – and one of the most profitable. Ships operate 24 hours a day, 7 days a week to maximise profits and so do their crew. No weekends, no days off. There is a seafarer saying: “Every day is Monday.” Stella Maris recently conducted a survey among seafarers asking them about what impact Covid-19 is having on them and their families. Putting food on the table, paying household bills and loans and ensuring job security are among the top concerns faced by seafarers as they cope with the impact that Covid-19 is having on their lives and that of their families. A recent survey conducted by Stella Maris showed that such financial worries have had a profound impact on seafarers, with 69% saying that Covid-19 has impacted them financially “a lot” or “very much”. Seafarers also said the pandemic has had a significant impact on their emotional, mental, physical and psychological wellbeing. A total of 363 seafarers ranging from deck officers to ABs and engine crew responded to Stella Maris’ questionnaire, the majority being from the Philippines. Providing food for extended family members was the most urgent need, and it will be even more pressing in the next few months when emergency relief goods stop being provided, and personal savings deplete. Paying for school uniforms, supplies and tuition fees was also identified as being critical over the next few months as schools start to reopen. The survey revealed that the cost of putting food on the table was between US\$200 to US\$400 a month depending on the number of people in a seafarer’s extended family, while it cost about US\$200 a month for school uniforms and supplies. Around 40% of respondents were forking out US\$400 a month to repay loans taken out to buy property or vehicles. Asked what their most urgent need would be in the next six months to a year, the majority of seafarers said it was to secure a new contract and go back to work. As countries move on from the initial phase of the pandemic, Stella Maris is beginning to see a new wave of issues affecting seafarers. In particular, there are increasing concerns around mid-to long-term financial, physical and mental health. The charity is also being made aware of stigma and fear surrounding seafarers when they return home to rural communities in Southern Asia, that they are ‘bringing the disease with them’ and being treated as pariahs, leading to distress, fear and depression for them and their families. Stella Maris is now formulating an action plan based on the survey’s responses so its global network can provide the appropriate welfare and pastoral support to seafarers, fishers and their families. “As the situation continues to evolve, Stella Maris seeks to work with all partners trying to support these developing needs of the seafarer, and ensure that they are not adversely or unfairly treated through their service to others through this pandemic”.

### **CAFOD – Coronavirus National Appeal**

Families without enough food to eat and without access to clean water, or living with underlying health problems like HIV are particularly vulnerable to the coronavirus. The virus has now hit the Rohingya refugee camp in Bangladesh which is catastrophic for the thousands of families already struggling to access health care and sanitation there. In Zimbabwe and Zambia 7 million people are without enough food.

CAFOD is expanding and adapting its programme to prevent the spread and reduce the risks of coronavirus. Every step taken now getting food and clean water to families will prevent deaths and reduce suffering, ensuring the survival of communities. Local experts on the ground understand the challenges and needs in their respective communities and can respond quickly.

- Improving hygiene, handwashing and sanitizing of household items
- Delivering food where most needed
- Producing radio messages, posters and leaflets in local language on risks and prevention
- Training community volunteers to carry out awareness campaigns

So, your gifts are needed now and your essential support will help families survive. Donations can be made online or by phoning 03033033030

Thank you for your generosity, prayers and compassion.

Mary Bradley is hoping to raise funds to help them in their work and invites anyone who would like to sponsor her for 20, 7am swims across the width of Swanpool Beach. Her contact details for sponsorship are 01326 312 768 and [mary@corisande.plus.com](mailto:mary@corisande.plus.com). Thank you to all who have already sponsored her – first 5 swims completed, well done Mary

**From Father Brian**

We have reached the 12<sup>th</sup> Sunday in Ordinary Time. The Catholic Church has proclaimed this Sunday as a 'Day for Life'. The Church dedicates this Sunday to raising awareness about the meaning and value of human life at every stage and in every condition. The Church teaches that life is to be nurtured from conception to natural death. The Church teaches that all life matters to Almighty God.

This Sunday is also 'Fathers' Day' and I wish all the Dads in the parish a very happy day and to thank them for their vocation of fatherhood.

Have a good and safe week.

Father Brian

**Points to Ponder**

Value not the things you have in life, but rather value who you have in life.

A father is someone you look up to no matter how tall you grow.

**Pope's Intentions for June**

Prayer intention for evangelization – The Way of the Heart

We pray that all those who suffer may find their way in life, allowing themselves to be touched by the Heart of Jesus.

**Diary Dates – all events are postponed or cancelled at this time**

**Prayer Requests**

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

**Falmouth:**

Kathleen O'Flaherty, Colin Campbell, Annette Biagini, Theresa Sullivan, Isabella Grace, Colin Jago, Jason Campbell, Winn Xenaky, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, Rosemary Moffat, David Stevens, Noelle Elliott, and Mary Froom.

**Helston:**

Heather Ashton, Frieda Curnow, Poppy DeAth, Isobel Ellis, Mary Gilbert, Mary Harry, Walter Hayes, Celia Kirkland, Colin & Theresa Neal, John Shiell and May & Gordon Steward.

# Catholic Children's Society (Plymouth) celebrates after receiving £6,000 from the National Lottery

The Catholic Children's Society (Plymouth) is celebrating after being awarded £6,000 in National Lottery funding to support its work with vulnerable children and their families. CCSP, which is based in Ashburton, covers Devon, Cornwall and parts of Dorset and will use the cash to help with their Essential Grants programme. This aims to prevent an immediate crisis from threatening the stability of family life, by providing essential items that parents and carers could otherwise not afford for their children.

In April and May, with £2,000 funding from the Devon Coronavirus Fund (DCF), the charity was able to support 10 families by purchasing 4 cookers, 3 washing machines, 1 fridge/freezer, 1 bed & mattress and 1 cot, mattress & high chair. And CCSP have just heard that they've been awarded another £4,000 from DCF as well as some funding from the Albert Gubay Foundation Trust in addition to the National Lottery funding.

Around 30 more families will be supported with similar grants using the new £6,000 of funding from The National Lottery Community Fund, which distributes money raised by National Lottery players for good causes and is the largest community funder in the UK.



**Vicki Dunstone, who works for the charity as their Fundraiser and Communications officer, says:** "We're delighted that The National Lottery Community Fund has recognised our work and is able to help us with this funding. Now, thanks to National Lottery players, we will be able to continue to support families who are already struggling financially, but as a result of Covid-19, face even more financial hardship. We rely entirely on the generous donations from our parishes, individual donors, grant funders and Catholic schools but with the recent lockdown restrictions, all of our fundraising activities have been cancelled. We have already begun to see an increase in grant applications as more families living in the Diocese are affected by Covid-19, and we only envisage this number continuing to increase. We do not want to turn anyone away when they need our help more now than ever."

**A local NHS worker who often makes referrals to the charity for help purchasing basic essentials for local families, says of the National Lottery support:** "Wow that is amazing. Thank you for all your support. We see where it goes and how it helps our families in financial difficulty. Without charities like the CCSP, I dread to think how they would cope. So thank you thank you !"



CCSP also organised a recent Crowdfunding campaign – 'Stretch out Your Hands' - which raised another £1,200.

Thank you to everyone who supported the campaign by making generous donations online.

More donations were received as some supporters do not have access to the internet or just preferred to send their donations via the post to St Boniface House, Ashburton, TQ13 7JL.

If you are aware of a family who needs their support, please visit [www.ccsplymouth.org.uk](http://www.ccsplymouth.org.uk) or call 01364 645420 for more information.