

St. Mary's Falmouth & Helston RC Parish

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

Parish Church:- St Mary Immaculate, Falmouth serving St Edwards, Mawnan Smith

St Mary's, Killigrew St, Falmouth, TR11 3PR - email: falmouth@prcdtr.org.uk phone 01326 312763

Parish Priest - Father Brian Kenwick V.F.

Safeguarding Officers: - Sheila Jordan (619648), Hilary Kiszczuk (212070)

Parish School: St Mary's RC Primary, Mongleath Road,

01326 314540

14th SUNDAY IN ORDINARY TIME (YEAR A) Psalter 2

5th July 2020



FALMOUTH

SAT 6.00 pm FALMOUTH

SUN 10.30 am FALMOUTH

June Hendy RIP

People of the Parish

Weekday Masses (14th week in Ordinary Time)

MON St Maria Goretti

10.00 am Colin Jago RIP

TUES weekday

10.00 am Bishop Mark's int. (30th ann. ordination)

WED weekday

7.00 pm

THUR St Augustine Zhao Rong & comps 10 00 am

FRI weekday

10.00 am

SAT ST BENEDICT

NO MORNING MASS

SACRAMENT OF RECONCILIATION Currently unavailable

HELSTON

St Mary's Helston, serving St Michael's Mullion. email: helston@prcdtr.org.uk phone 01326 572378

Resident priest - Fr Paul Andrew Email: frpaulandrew@live.com emergency contact 075 1547 2547

The Catholic Presbytery, Clodgey Lane, Helston TR13 8PJ

Safeguarding reps: Meg Trevaskis & Margaret Chambers. Hall contact: - *vacant*

More information on our Facebook page: "Catholics on the Lizard Peninsula"

USUAL SUNDAY MASS TIMES: 9.00 am HELSTON; 11.15 am MULLION

Non-public Mass is live-streamed daily at 09.30 am on FACEBOOK
(and later uploaded to our YouTube channel: St Mary's Catholic Church, Helston)



SUN Helston 10.00 am

MASSES THIS WEEK (14th week in Ordinary Time)

MON St Maria Goretti

TUES weekday

WED weekday

THUR St Augustine Zhao Rong & comps 12 noon

FRI weekday

SAT ST BENEDICT

SACRAMENT OF RECONCILIATION Currently unavailable

Please contact Fr Brian if you have a relative in danger of death for advice.

14th Sunday in Ordinary Time – homily

In today's Gospel Jesus asks us to shoulder His yoke for His yoke is easy and His burden light. But what exactly is a yoke? And what is our understanding of the word?

At the time of Jesus the word yoke was a very familiar term for most people. Essentially at the time of Jesus a yoke was a harness used by oxen and other animals to ease the work of hauling a heavy load such as a plough.

However, in the Bible the yoke was often used metaphorically to mean subjection, servitude and even carrying the burden, the weight of a task, a mission and a vocation.

In the Gospel Jesus invites us to take His yoke, to submit ourselves to Him. Jesus asks us to serve Him and try to obey His commands and teachings.

To be honest the thought of servitude and obedience does not come easy to many of us. After all we are free human beings created in the image of God. We are not oxen, cattle or beasts of burden.

However, as Jesus promises in the Gospel, to serve Him, to be directed by Him, brings true freedom, true meaning and rest to our souls. Jesus promises that the weight, the stress and the weariness of life will be lifted from our shoulders. In their place Jesus will place on us His love, compassion and mercy. For Jesus is gentle and humble. He is our servant God, our servant King who came to serve and lead us to eternal life. For most of us life can be full of struggles and hardships. It is understandable that at times we become tired and weary. The constant struggle for some of us to pay the bills, provide for our loved ones and put food on the table can at times feel like a heavy burden.

It is so easy for us to stumble and fall beneath the weight of the constant challenges of life.

Amid all this Jesus offers us rest. In the Gospel the word 'rest' is translated from the Greek meaning 'to be still' or 'to cease from movement'.

So our Lord is inviting us to be still, to cease from the hassles of life and find comfort, peace and rest in His company. This is Jesus' gift to us, we do not have to earn it, we do not have to deserve it, we only need to respond to our Lord's invitation.

In the Gospel Jesus also tells us that He is gentle and humble in heart. Now the word 'humble' literally means 'to come low to the ground'.

That's exactly what God did for us by sending Jesus to us. For God, Heaven is His throne and Earth is His footstool. And yet Almighty God, creator of the universe, came to us through Jesus as a human being. The Word became flesh.

The Gospel tells us that God is not a distant God, who watches us from afar with complete indifference. God, through Jesus, shares in our human experience. He is clearly involved and associates Himself in an intimate and loving way.

Our humble and gentle God has, through His gift of baptism, welcomed us into His family. We are the children of God.

Today's Gospel proclaims that God through His son Jesus has revealed His wisdom, His message of salvation to us His children.

Jesus encourages us to have a childlike trust and faith in Him. For as the American children's author Carolyn Haywood once wrote: "Children are not only innocent and curious but also optimistic and joyful and essentially happy. They are, in short, everything adults wish they could be."

Because of the recent lifting of some of the restrictions of the lockdown I was able to share a meal with the Sisters on my birthday. During my time with the Sisters they very kindly prayed for me. And I quote one prayer from Sister Damian: "We pray for Father Brian on his birthday, may he never grow up".

My own prayer is that I, and indeed every single one of us, never outgrow our childlike trust, dependence and faith in almighty God.

Knowing that our loving Father is always there for us and invites us to come to Him to find rest and peace that only He can give.

For so many of us there is a sense of weariness brought through the fear of the coronavirus and the tedious lockdown. In the last few months it has seemed that we have travelled a long way, we have wandered far from normal life. But as J.R.R. Tolkien, the author of 'The Hobbit' and 'The Lord of the Rings' has written: "Not all those who wander are lost".

Despite all that has happened we have never been lost to God. He has, through Jesus, always been there to help lift the burdens from our shoulders and to quiet our fears.

From this weekend Jesus once again invites us to come to Him through the celebration of the Mass. In accepting this invitation we need to have that childlike trust and faith in Him. Remembering, even if we are not able to come to Mass, God's love care and compassion will reach out and embrace us wherever we are.

So may all of us come to Jesus and accept His yoke. For His yoke is easy and His burden light. May God bless you all.

Falmouth & Penryn Churches Together (FPCT) 24/7 Prayer Weekend

Friday, 3rd 4pm – Sunday 5th July, 4pm, 2020

FPCT leaders met recently and together acknowledged that these unprecedented times during the Coronavirus pandemic, will have a huge impact upon our churches and communities. We all know that prayer has a huge impact too and so you are all invited to join in this weekend of prayer, to pray together, for our communities, our churches, our town. The hope is that everyone will join in and commit to pray for at least one hour in the comfort of their own home over the weekend.

Mass Intentions

Now that we are again able to celebrate Mass publicly, please would those who have booked a Mass contact the office so that we can re-book for a convenient day.

Car Park

Please leave the bottom car park as soon as you leave church after Mass. This is to ensure social distancing both for parishioners and users of the Crypt Pre-school.

CAFOD National Coronavirus appeal

Families without enough food to eat and without access to clean water, or living with underlying health problems like HIV are particularly vulnerable to the coronavirus. The virus has now hit the Rohingya refugee camp in Bangladesh which is catastrophic for the thousands of families already struggling to access health care and sanitation there. In Zimbabwe and Zambia 7 million people are without enough food.

CAFOD is expanding and adapting its programme to prevent the spread and reduce the risks of coronavirus. Every step taken now getting food and clean water to families will prevent deaths and reduce suffering, ensuring the survival of communities. Local experts on the ground understand the challenges and needs in their respective communities and can respond quickly.

- Improving hygiene, handwashing and sanitizing of household items
- Delivering food where most needed
- Producing radio messages, posters and leaflets in local language on risks and prevention
- Training community volunteers to carry out awareness campaigns

So, your gifts are needed now and your essential support will help families survive. Donations can be made online or by phoning 03033033030

Thank you for your generosity, prayers and compassion.

Mary Bradley is hoping to raise funds to help them in their work and invites anyone who would like to sponsor her for 20, 7am swims across the width of Swanpool Beach. Her contact details for sponsorship are 01326 312 768 and mary@corisande.plus.com. Thank you to all who have already sponsored her

From Father Brian

We have now reached the Fourteenth Sunday in Ordinary Time. In this Sunday's Gospel Jesus invites the weary, the overburdened and the fearful to come to Him and Our Lord will give rest for our weary souls. From this weekend we are able to respond to the invitation of Jesus by once again gathering to celebrate the Holy Mass. For over three long and weary months most of us have been unable to receive and experience Jesus Christ in Holy Communion. I look forward with joy , to celebrating the Mass with you and once again sharing the rest and peace that Jesus gives us in the Sacred Eucharist.

Because of the limited numbers allowed in our churches I would ask you to attend Mass at the weekend only if you are unable to come during the week. I would remind you that the Sunday Obligation remains suspended.

God bless and I look forward to seeing you at Mass during the coming days.

Father Brian

Points to Ponder

Community is about doing something together that makes belonging matter.

Those who are the happiest are those who do the most for others.

(Booker T. Washington)

Without a sense of caring, there can be no sense of community.

(Anthony J. D'Angelo)

Pope's Intentions for July

Universal prayer intention – Our Families

We pray that today's families may be accompanied with love, respect and guidance.

Please pray for **Colin Jago**, a long serving sacristan and altar server, who sadly died last Sunday. May the Lord grant him eternal rest.

Prayer Requests

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

Falmouth:

Kathleen O'Flaherty, Colin Campbell, Annette Biagini, Theresa Sullivan, Isabella Grace, Jason Campbell, Winn Xenaky, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, Rosemary Moffat, David Stevens, Noelle Elliott, Mary Froom and Sheila Hennessey.

Helston:

Heather Ashton, Frieda Curnow, Poppy DeAth, Isobel Ellis, Mary Gilbert, Mary Harry, Walter Hayes, Celia Kirkland, Colin & Theresa Neal, John Shiell and May & Gordon Steward.

Below are a couple of pictures of how the church at Falmouth is laid out so that you can see what to expect.

