

# St. Mary's Falmouth & Helston RC Parish

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

Parish Church:- St Mary Immaculate, Falmouth serving St Edwards, Mawnan Smith

St Mary's, Killigrew St, Falmouth, TR11 3PR - email: [falmouth@prcdtr.org.uk](mailto:falmouth@prcdtr.org.uk) phone 01326 312763

All Masses live-streamed on our website: [www.falmouthcatholicchurch.org.uk/livemass](http://www.falmouthcatholicchurch.org.uk/livemass)

## Parish Priest - Father Brian Kenwick V.F.

Safeguarding Officers: - Sheila Jordan (619648), Hilary Kiszczuk (212070)

Parish School: St Mary's RC Primary, Mongleath Road,

01326 314540

18<sup>th</sup> SUNDAY IN ORDINARY TIME (YEAR A) Psalter 3 9<sup>th</sup> August 2020



## FALMOUTH

SAT 6.00 pm FALMOUTH  
SUN 10.30 am FALMOUTH

Harry O'Hagan int.  
People of the Parish

### Weekday Masses (19<sup>th</sup> week in Ordinary Time)

MON ST LAWRENCE 10.00 am Charlie Zammit RIP  
TUES St Clare 10.00 am Jack & Evelyn Gargan RIP  
WED St Jane Frances de Chantal 7.00 pm Michael Reeve RIP  
THUR St Pontian 10 00 am Tony & Penny Barbary 50<sup>th</sup> wedd. MAWNAN SMITH  
FRI St Maimillian Mary Kolbe 10.00 am John & Lesley Davis int.  
SAT weekday NO MORNING MASS  
SACRAMENT OF RECONCILIATION - ring for information

## HELSTON

St Mary's Helston, serving St Michael's Mullion. email: [helston@prcdtr.org.uk](mailto:helston@prcdtr.org.uk) phone 01326 572378

Resident priest - Fr Paul Andrew Email: [frpaulandrew@live.com](mailto:frpaulandrew@live.com) emergency contact 075 1547 2547

The Catholic Presbytery, Clodgy Lane, Helston TR13 8PJ

Hall contact: - Liz Granville (01326) 561751

Safeguarding reps: Meg Trevaskis & Margaret Chambers.

More information on our Facebook page: "Catholics on the Lizard Peninsula"

### All masses are live-streamed daily on FACEBOOK

(Sun: 10.00; Thu: 12.00; Mon, Tue, Fri & Sat: 9.30)

then later uploaded to our YouTube channel: St Mary's Catholic Church, Helston



## MASSES THIS WEEK

(19<sup>th</sup> week in Ordinary Time, Yr. A; Psalter wk. 3)

Masses in RED are public masses, those in black are private masses

*The church will be open ½ hour before public masses for private prayer*

SUN	10.00	19 <sup>th</sup> Sunday in Ordinary Time	for the Unity of Christians
MON	09.30	ST LAWRENCE	for Niall Keohane, RIP
TUES	09.30	St Clare	for Carlo James Curley, RIP
WED	no mass	(St Jane Frances de Chantel)	Fr Paul's day off
THUR	12.00	(St Pontian) FATIMA MASS	for Marian Marh's private intention
FRI	09.30	St Maximillian Mary Kolbe	for Julia Day RIP (Foundation Mass)
SAT	09.30	(Saturday Mass of the Bl. Virgin Mary)	for Mr & Mrs J Norman, RIP
SUN	10.00	THE ASSUMPTION OF THE BL. VIRGIN MARY	

SACRAMENT OF RECONCILIATION is available – please ring for information

Please contact Fr Brian if you have a relative in danger of death for advice.

## **Helston News**

The compulsory wearing of face coverings has allowed us to increase the seating capacity at Helston. Please pay careful attention to the areas marked on the benches – **GREEN** where seating is allowed and **RED** where it is forbidden. This is for our mutual safety in these difficult times, so your co-operation is greatly appreciated. As before couples, and families from the same household, may sit together.

### **19<sup>th</sup> Sunday in Ordinary Time – homily**

When the strict lockdown caused by the coronavirus began in March suddenly our normal lives were completely turned upside down.

I felt the very heart of my priesthood had almost disappeared overnight. No public Masses, no visiting the sick, no visits to our school and not being with my parishioners.

I soon realized that to get through this time, to survive this storm, I needed to focus on Jesus, I needed to keep Him at the centre of my new and different way of life.

Therefore, I established a new daily routine where Jesus was at the very heart and centre.

I got up at my normal time, tried to spend an hour in prayer, spent time reading scripture and celebrated Mass daily in an empty church.

I also tried to keep in touch with as many people as possible through the phone, emails and texts.

The absence of the people I love and serve was hard and difficult for me. However, because I tried to keep my focus on Jesus, because I tried to keep Him in sight, I didn't sink beneath the waves of despair and loneliness.

In today's Gospel we hear how Jesus appears to His disciples walking on the water. It is a stormy night with strong winds blowing over the lake. Given the circumstances no wonder the disciples are afraid.

However, Jesus tells them not to be afraid, He urges them to have courage. Peter responds to the words and invitation of Our Lord by walking on the water towards Jesus.

Because Peter focusses on Jesus, because he keeps Our Lord in sight he remains safe and secure. But as soon as Peter becomes distracted by the stormy water and the strong wind, he takes his eyes off Jesus and begins to sink beneath the waves.

So Jesus reaches out and holds Peter up and leads him to the safety of the boat, reminding us that while at times we may lose our focus on Jesus He never loses His focus on us.

Jesus saves His followers from the storm and they acknowledge Him as the Son of God. In Jesus we have a God who never abandons us, who is our travelling companion, who is literally in the same boat as ourselves.

It seems to me that today's Gospel is telling us we need to try to focus on Jesus and His saving Gospel rather than focussing on ourselves and our present circumstances, no matter how challenging and difficult they may be.

If we do not try to focus on Jesus and our faith then there is a real danger that our lives can become a blur and we will be unable to see the way forward.

We need to try to ignore the noise, the distractions and the worries of the world and remain focussing on Jesus, knowing and believing that whatever the storms of our life Jesus will save us and keep us afloat.

I truly believe that we are at our happiest when we can focus on Jesus and keep Him in sight.

Believing and trusting that He will put out His hand and steady our boat when it is rocking and in danger of sinking. When we feel that we are battling against the odds it can seem that Jesus and His presence is distant and far away. But the Gospel tells us that even in the most powerful storms He is there to steady our ship and keep us afloat.

As a parish, as a community through the Mass, through prayer and through the support of each other we focus on Jesus, we keep Him in clear sight.

And that will be enough to keep us afloat.

May God bless you all.

## **Spiritual Communion**

We are aware that some people are not yet able to come back to Mass celebrated in the church but are able to join us via our live-stream so as to keep in close contact with their own community. Below is a prayer of spiritual communion to enable them to join even more closely with the community. This could be said whilst the congregation in church are coming up for their communion.

*My Jesus, I believe that you are in the Blessed Sacrament.*

*I love you above all things, and I long for you in my soul.*

*Since I cannot now receive you sacramentally, come at least spiritually into my heart.*

*As though You have already come, I embrace You and unite myself entirely to You; never permit me to be separated from You.*

*Amen*

**For the month of August.** As regulars and visitors to St Mary's, Helston, will know, we try to commemorate the traditional devotion of each month in some visual way. So the chalice on display in front of the altar – a reminder of the Precious Blood of Our Lord, July's devotion – was taken away on Friday and something to remind us of August's devotion has taken its place.



**The month of August is dedicated to the Immaculate Heart of Mary.** The seers of Fatima encouraged repentance for sin by saying how the heart of Our Lady was pierced by the discourtesy and ignorance shown towards her Son. At the centenary of the apparitions there in 2017 this sculpture was displayed. It is about 2 metres high and shows Our Lady's heart crowned and held between two hands. The little silver disc on the front is a mirror. If you stand in front of the sculpture you can see yourself "in the heart" of Our Lady – a very powerful image. A tiny reproduction of this sculpture will be on our altar in Helston throughout the month of August.

## **Live-Streaming**

We are now live-streaming Masses in Falmouth. We are still perfecting things so please be patient with us and email any comments to help us. To access the Mass go to our website:

[www.falmouthcatholicchurch.org.uk](http://www.falmouthcatholicchurch.org.uk) and click on the link 'Live Mass'. For Mass times please check the front of the bulletin.

## **Receiving Holy Communion**

Please wait in your pew to be guided up for Communion. The order has been worked out to ensure that we maintain social distancing without creating 'gridlock'. If you are seated on the left side of the church please return to your pew down the left side aisle, similarly if you are seated on the right side of the church please return to your pew down the right side aisle. This will prevent people coming 'face to face'.

## **Homelessness- How can we help?**

Meeting a homeless person on the streets, especially if they have nowhere to go that night, can be quite shocking and worrying. To think that an individual will be cold, wet and vulnerable can invoke a host of emotions. Decision-making around how we act for that person, however, needs to remain clear, needs to keep the homeless person at the heart of any decision, but also needs to keep you safe from harm. People experiencing homelessness are among the most vulnerable to COVID-19. Any support needs to minimise the risk of infection.

Caritas Plymouth has produced an updated guide for supporting people who are homeless, in partnership with St Petrocs, Cornwall. The guide can be found on the Diocesan website <https://www.plymouth-diocese.org.uk/wp-content/uploads/2020/07/Homelessness-advice.pdf>

**From Father Brian**

In this Sunday's Gospel Jesus invites Peter to walk towards Him across the stormy waters. All goes well for Peter as long as he keeps focus on Jesus. However, when Peter gets distracted by the force of the storm and takes his eyes off the Lord he begins to sink and go under. Jesus, of course, reaches out and holds Peter up. It seems to be that the message of the Gospel is clear: despite the storms and difficulties that may come our way, as long as we focus on Jesus, as long as we keep Him in clear sight then we will weather the storm, we will not go under. Jesus will reach out and keep us afloat.

Have a good and safe week

May God bless you all  
Father Brian

**Points to Ponder**

There are some things you can only learn in a storm.

*(Joel Osteen)*

Happiness comes in waves. It will find you again.

A smile is a curve that sets everything straight.

*(Phyllis Diller)*

**Pope's Intentions for August**

Universal prayer intention – The Maritime World

We pray for all those who work and live from the sea, among them sailors, fishermen and their families.

**Baptisms**

We have just received permission to celebrate baptisms in the church and the restrictions required for the celebration to take place. If you wish to have your child baptised please contact the parish office for further information.

**Prayer Requests**

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

**Falmouth:**

Kathleen O'Flaherty, Colin Campbell, Annette Biagini, Theresa Sullivan, Isabella Grace, Jason Campbell, Winn Xenaky, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, Rosemary Moffat, David Stevens, Noelle Elliott, Mary Froom, Sheila Hennessey and John Ford.

**Helston:**

Heather Ashton, Frieda Curnow, Poppy DeAth, Isobel Ellis, Mary Gilbert, Margaret Grant, Mary Harry, Walter Hayes, Celia Kirkland, Mary Myles, Colin & Theresa Neal, John Shiell, May & Gordon Stewart, Catherine Taylor and Chris Cowen.