

St. Mary's Falmouth & Helston RC Parish

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

Parish Priest - Father Brian Kenwick V.F.

Parish Church:- St Mary Immaculate, Falmouth serving St Edwards, Mawnan Smith
St Mary's, Killigrew St, Falmouth, TR11 3PR email: falmouth@prcdtr.org.uk
phone 01326 312763 or 07305602680

All Masses live-streamed on our website: www.falmouthcatholicchurch.org.uk

Parish School: St Mary's RC Primary, Mongleath Road, 01326 31450

Safeguarding Officers: - Sheila Jordan (619648),

Hilary Kiszczuk (07305602680)

1st SUNDAY OF ADVENT (YEAR B)

Psalter 1

29th November 2020



FALMOUTH

SAT 6.00 pm FALMOUTH Chris Truman RIP
SUN 10.30 am FALMOUTH People of the Parish

Weekday Masses (1st week of Advent)

MON ST ANDREW 10.00 am Sheila Hennessey RIP
TUES Advent weekday 10.00 am
WED St Osmund of Salisbury 7.00 pm
THUR St Francis Xavier 10.00 am In thanksgiving MAWNAN SMITH
FRI St John Damascene 10.00 am
SAT Advent weekday NO MORNING MASS
SACRAMENT OF RECONCILIATION - ring for information

HELSTON

St Mary's, Helston, serving St Michael's, Mullion. email: helston@prcdtr.org.uk; phone 01326 572378

Resident priest – Fr. Paul Andrew. Email: frpaulandrew@live.com; emergency contact 075 1547 2547

The Catholic Presbytery, Clodgey Lane, Helston TR13 8PJ **Hall contact:** - Liz Granville (01326) 561751

Safeguarding reps: Meg Trevaskis & Margaret Chambers.

More information on our Facebook page: "Catholics on the Lizard Peninsula"

All masses are live-streamed on Facebook

then later uploaded to our YouTube channel: St Mary's Catholic Church, Helston

MASSES & EVENTS THIS WEEK

(Masses in RED are public masses, masses in black are private masses)

(1st week of Advent, Yr. B/1; Psalter wk.1)

SUN	09.30	FIRST SUNDAY OF ADVENT	for all named before our altar this month
SUN	10.00 – 11.00		CHURCH OPEN FOR PRIVATE PRAYER
MON	09.30	St ANDREW, Ap.	for May Barn-Stocks & Reuben Barn Stocks, RIP
TUE		day off	
WED*	09.30	St Osmund of Salisbury, Bp.	for John Chapman, RIP
THU	12.00	St Francis Xavier	MIGRANTS' & REFUGEES' DAY
FRI	09.30	(St John Damascene, Pr., Dr.)	for Gordon Elkin, RIP
SAT	09.30	First Saturday Mass & Devotions	"for vocations to Holy Orders"
SAT	17.00	VIGIL MASS	in thanksgiving for public worship re-starting
SUN	09.30	2nd SUNDAY OF ADVENT	in thanksgiving for public worship re-starting

* = Diocesan Advent On-line Quiet Day for clergy

SACRAMENT OF RECONCILIATION is available when the church is open.

HELSTON & MULLION NEWS

Thankfully, public worshipped is once again permitted. Until further notice, we shall return to our previous pattern of a Vigil Mass at Mullion at 5 pm on Saturday, Mass at 10 am on Sunday morning at Helston and one weekday mass at 12 noon on Thursdays at Helston (apart from the octave of Christmas – see below). The first public mass is on Thursday 3rd, so we shall begin **the present tree** then, also the **chocolate bars for seafarers**. I am happy to collect at the Presbytery any **woollen hats** knitted for seafarers and get them over to Falmouth.

The special Advent **“Walk with me”** booklets are available in the porch for £1 each. The calendars are free for any children who might like one. The latest **MISSIO magazine** is also available there.

CHRISTMAS SERVICES: I am intending to have masses on Christmas Eve at St Mary's Helston at 6 p.m. and at St Michael's, Mullion, at 8 p.m. The Christmas Day service will be at Helston at 10 a.m. On Saturday 26th the Vigil Mass of the Holy Family will be at St Michael's at 5 p.m., Sunday 27th mass at Helston at 10 a.m.

As I am sure you will be aware, we have to restrict attendance at all church services, so admission to all three Christmas services will be BY TICKET ONLY this year. Tickets are available when churches re-open on Dec 3rd while stocks last from either church after any service.

We have been asked by the Bishop to stress that **“Christmas Day” is an octave**, i.e. it actually lasts for 8 days as far as the Church is concerned! He asks any who cannot come on 24th or 25th to try to attend another mass within the Octave. With that in view, there will be EXTRA MASSES during the Christmas Octave as follows: Monday (Bank Holiday – Holy Innocents' Day) 11.00 at Helston; Tuesday (St Thomas Becket) 11.00 at Mullion; Thursday 12 noon at Helston; Friday (Mary, Mother of God) 7 p.m. at Helston; Saturday 5 p.m. at Mullion. (A warning: we shall need stewards for all these masses at both churches, and cleaners at Helston on Sunday 27th & Thursday 31st otherwise they cannot take place.)

You will probably have heard on the local news that the Secretary of State has turned down the Catholic Church's appeal against Cornwall Council's decision to refuse planning permission on the land in Mullion village.

On a personal note, I have friends staying next week (7th-11th) so apart from an extra mass at 10am on Tuesday, for the Immaculate Conception (my 9th anniversary of Ordination to the Priesthood) and Thursday's mass at noon, I shall be trying to take the week off. Only Tuesday and Thursday will be live-streamed.

FALMOUTH & MAWNAN SMITH NEWS

First Holy Communion 2021

If you have a child who will be 8 years old by summer 2021, school year 3 or above, and you would like them to make their First Holy Communion next year please give their details to Fr Brian or through St Mary's School. We expect to have resolved the difficulties surrounding preparation by January when classes usually begin.

Walk with Me for Advent

These useful little booklets of prayers and reflections are available in church just £1.

NEWS FOR ALL 4 CHURCHES

Transformation Cornwall and FoodBanks

“Transformation Cornwall are continuing to work hard with the foodbanks and around food poverty in Cornwall– with the lockdown, that is enormously difficult for the foodbanks, - not only are they really busy they have drastically changed the way that they work with little opportunity to signpost people to other areas of help (e.g. debt /housing/benefits advice); a lot of their services are now delivery only so they have had to recruit drivers; many are trying to operate in split teams – so that if a volunteer or customer contracts the virus, then the 2nd group can step in without closing the foodbank down and a whole host of other issues...

They have these resources that might be of interest to folk at the moment:

They publish the weekly Cornish Foodbank Update:

<https://transformation-cornwall.org.uk/resources/update-on-cornish-foodbanks>

They publish a weekly grants list for foodbanks, grassroot organisations and faith based social action projects in Cornwall

<https://transformation-cornwall.org.uk/resources/transformation-cornwall-grants-list>

They have a really handy signposting telephone information list for grassroot organisations in Cornwall

<https://transformation-cornwall.org.uk/whats-new/telephone-signposting-information-list>

The Advent Wreath

The Advent Wreath is a Christian tradition that symbolises the passing of the four weeks of Advent. It commemorates newness, eternal life and the death and resurrection of the Promised Messiah, and is often coupled with prayer and lighting of candles.



- The evergreen used for the wreath itself, is a reminder of continues life.
- The circle of the wreath which has no beginning or end, symbolises the eternity of God, and the everlasting life we find in Christ
- Each of the 4 candles has a meaning. There are 3 violet candles, 1 pink and one white

First Sunday of Advent

The 'Prophet' candle symbolises HOPE, with the reminder that Jesus is coming and in remembrance of the Prophets, primarily Isaiah who foretold the birth of Christ

2nd Sunday of Advent

The Bethlehem candle symbolises FAITH, reminding us of Mary and Joseph's journey to Bethlehem and Christ's birth in the manger, in the city of David.

3rd Sunday of Advent

The pink candle symbolises JOY, reminding us of the joy of fulfilment in God's promise to send a Saviour in the birth of Jesus. This Sunday is also known as Gaudete Sunday, Latin for 'to rejoice'

4th Sunday of Advent

The Angel's candle symbolises PEACE, reminding us of the message of the angels' 'Peace on earth and to people of goodwill'

The Advent wreath is a beautiful tradition, that can help us to focus on God's plan for salvation, amidst the hustle and bustle of the Christmas rush.

The Fifth Candle?

The white candle is lit on Christmas Day. 'CHRIST IS BORN' Alleluia, Alleluia

Why not make your own Advent Wreath, to help you prepare prayerfully for the coming of Jesus



More than 300 human rights defenders were killed last year while fighting to protect their lands and nature, God's creation, to halt the climate crisis or stand up for peace and human rights. Hundreds more were threatened or criminalised. Please - take a few moments and go to CAFOD's web site at <https://cafod.org.uk/Campaign/Latest-campaigns/Messages-to-the-brave> and send a message, by 7 December, to one or more of the brave people featured there.

Advent Calendar with a difference

If you are looking for ways to care for our common home this Advent, this calendar inspired by Laudato si (encyclical by Pope Francis), offers plenty of ideas about how you can make a difference in your daily life. Here are the first 7: December 2020

- 1 - Is there an aspect of creation you can relish today? Thank God for it
- 2 - Take a reusable bag with you when you shop
- 3 - Make a point of thanking someone today
- 4 - If you can, donate something to your local foodbank, homeless shelter or refuge
- 5 - Unplug chargers when they are not in use to save energy
- 6 - Look through your clothes and donate any unwanted items to a charity shop
- 7 - Turn off the tap when brushing your teeth, to save water (Jesuits and Friends magazine)



Look out for seven more next week

Christmas Chocolate for Seafarers

As we enter Advent, out comes the box for chocolates, as of Wednesday 2nd December.

Our Stella Maris supporters will take your donations to seafarers visiting the port of Falmouth & Fowey on the lead up to Christmas.

From previous years, we have had enough chocolate to give out, well into the New Year.

If you are one of the band of volunteer knitters, you may use the box to deposit the hats in the box.

Fr Brian has also said he is willing to receive chocolate bars and woolly hats at the Presbytery.



From Father Brian

This Sunday we begin the Season of Advent. The word 'Advent' is derived from the Latin word 'adventus', meaning 'coming' which is a translation of the Greek word 'parousia'. In Advent we await the coming of our Saviour Jesus Christ, not only His first coming at Bethlehem, but also His second coming at the end of time. May all of us be aware of the presence of Jesus during this Advent so that we may celebrate His coming to us this Christmas and our coming to Him when He returns again in glory.

Have a good and fruitful Advent

Father Brian

Points to Ponder

Advent is patience, it's how God has made us a people of promise, in a world of impatience.

(Stanley Hauerwas)

Advent increases our hope, a hope which does not disappoint. The Lord never lets us down.

(Pope Francis)

Advent is the spiritual season of hope par excellence, and in this season the whole church is called to be hope, for itself and for all the world.

(Pope Benedict)

Prayer Requests

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

Falmouth:

Kathleen O'Flaherty, Colin Campbell, Annette Biagini, Theresa Sullivan, Isabella Grace, Jason Campbell, Winn Xenaky, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, Rosemary Moffat, David Stevens, Mary Froom, John Ford, Toni Kennedy and Maureen Micciche.

Helston:

Heather Ashton, Chris Cowen, Frieda Curnow, Poppy DeAth, Mary Gilbert, Mary Harry, Walter Hayes, Colin & Theresa Neal, John Shiell, and May & Gordon Stewart

Pope Francis' Prayer for Protection during the Coronavirus Pandemic

O Mary, you shine continuously on our journey as a sign of salvation and hope.

We entrust ourselves to you, Health of the Sick.

At the foot of the Cross you participated in Jesus' pain, with steadfast faith.

You, Salvation of the Roman People, know what we need.

We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial.

Help us, Mother of Divine Love, to conform ourselves to the Father's will and do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen

We seek refuge under your protection, o Holy Mother of God. Do not despise our pleas – we who are put to the test – deliver us from every danger, o glorious and blessed Virgin.

A prayer for those living alone

I thank you Lord, I know I am not alone

When I feel abandoned, I know you are here

Holding me in Your all-embracing Love

Your arms stretched in pain and love on the cross

are the arms that hold, protect, and raise me,

beyond my anxieties and fears

You are there in my struggles,

my fears, my joys and my memories

I thank you Lord, that you hold me in your Love

(SVP. Turning prayer into action)