

St. Mary's Falmouth & Helston RC Parish

Parish Priest - Father Brian Kenwick V.F.

1st SUNDAY OF LENT (YEAR A)

Psalter 1

26th February 2023



FALMOUTH

SUNDAY MASS TIMES

| | | | |
|-----|----------|--------------|-------------------------------|
| SAT | 6.00 pm | FALMOUTH | Susanne Kowal int. |
| SUN | 9.00 am | MAWNAN SMITH | |
| SUN | 9.30 am | HELSTON | Irene & Harold Waddington RIP |
| SUN | 10.30 am | FALMOUTH | People of the Parish |
| SUN | 11.30 am | MULLION | |



HELSTON

Weekday Masses/Services (1st week of Lent)

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|------|------------------------------|----------|--------------------------|-------------------------|
| MON | St Gregory of Narek | 10.00 am | Patrick Nolan RIP | FALMOUTH HELSTON |
| TUES | 1 st week of Lent | 10.00 am | Kathleen O'Flaherty int. | FALMOUTH HELSTON |
| WED | ST DAVID | 11.00 am | | MULLION FALMOUTH |
| THUR | 1 st week of Lent | 10.00 am | Anna McKeever RIP | MAWNAN SMITH HELSTON |
| FRI | 1 st week of Lent | 10.00 am | Dennis Harry RIP | FALMOUTH MULLION |
| SAT | St Casimir | 10.00 am | | FALMOUTH HELSTON |

All Masses at Falmouth and Helston are live-streamed on our website: www.falmouthcatholicchurch.org.uk

Adoration, Benediction and Reconciliation available after morning Mass Wednesdays at Mullion, Saturdays at Helston and Falmouth

THE SACRAMENT OF RECONCILIATION is also available on Saturdays 5pm – 5.45 pm at Falmouth

PARISH CLERGY

Parish Priest – Father Brian Kenwick VF Dean of Cornwall, email: brian.kenwick@prcdtr.org.uk

Assistant Priest – Father Andrew Marlborough email: andrew.marlborough@prcdtr.org.uk

Retired Priest in Residence at Helston – Father Paul Andrew email: paul.andrew@prcdtr.org.uk 07548654893

CHURCHES

St Mary's, Killigrew St, Falmouth, TR11 3PR email: falmouth@prcdtr.org.uk phone 01326 312763

St Mary's, Clodgey Lane, Helston TR13 8PJ

St Michael's, Meaver Road, Mullion TR12 7AH

St Edward's, Old Church Road, Mawnan Smith TR11 5HJ

USEFUL CONTACTS

Parish office:

St Mary's Presbytery, Killigrew Street, Falmouth TR11 3PR email: falmouth@prcdtr.org.uk phone 01326 312763

Parish School: St Mary's RC Primary, Mongleath Road, 01326 314540

Safeguarding Officers: - Falmouth & Mawnan Smith Sheila Jordan (01326 619648) Hilary Kiszczuk (07305602680)

Helston – Margaret Chambers (01326 240048) Meg Trevaskis (07813118426) Mullion Mary Keeley (01326 290008)

Helston Hall administrator: Margaret Chambers (01326 240048 or 07879 402932).

Website: www.falmouthcatholicchurch.org.uk

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

A VERY WARM WELCOME

to all who are worshipping with us today.

Tea & coffee are served in the parish halls at both Helston and Falmouth after Sunday Mass.

Student News

Monday 27th February: Food4Soul at the Multifaith Chaplaincy in Penryn. Mass at 12:30 said by Fr Andrew followed by a soup lunch. All welcome.

Tuesday 28th: Rosary and Lectio from 8-9 pm at the Chaplaincy

Thursday 2nd March: Drop-in and Crafternoon at the Chaplaincy from 2:30-5:00 pm

Sunday 5th March: Adoration with music at St Mary's Church in Falmouth at 6 pm

For more information see our Instagram @falcatshoc1

If you need to speak to a Chaplain please email Fran Freeman at f.freeman@fxplus.ac.uk

First Holy Communion

Sessions for the children continue on Wednesday 1st March at 3.30 pm at St Mary's School,

Diary Dates

any items marked * need to be pre-booked

1st March 3.30 pm FHC St Mary's school

2nd March 1 pm Winter warm Helston hall

2nd March 7 pm Study Group Helston hall

3rd March 6.30 pm RCIA Fal hall*

7th March 10.35 coffee morn. Fal hall

11th March 7 pm Quiz Helston hall*

12th March 11.35 AOS Bacon Butties Fal hall

18th March Ceilidh Fal hall*

25th March 12 pasty & talk Helston hall

28th March 2 pm Living with loss Fal hall

Flame 2023 14- 21 year olds

Have you booked your ticket yet? **March 4th** we have a group going to Flame, at **OVO Arena**

Wembley. Tickets are £35 which include travel, ticket and a cap! To book follow the link:

<https://forms.office.com/r/i7rv7Wzbg4>

Or contact Bill: youth-administrator@prcdtr.org.uk

speakers include: Cardinal Tagel and Robert Bilott.

Singers include: Guvna B and Adenike

Winter Quiz at Helston

Quiz change of date

Please note the Winter Quiz will now take place on Saturday March 11th at 7 pm Please bring a plate of food to share (list in Church porch) and your own drinks (tea and coffee provided) Please place any raffle prizes in the basket in the Church porch Entry £1.00 everybody welcome!

Further information to follow. Margaret Chambers 07879402932

Walk with Me

This helpful little booklet of daily reflections is again available in all our churches.

Rite of Election 2023

This Sunday the Rite of Election will take place at Plymouth Cathedral at 3 pm. This celebration welcomes all those in our Diocese who will become Catholics at Easter. We have a number of people in our parish attending, please remember them in your prayers.

Reception of Holy Communion under both kinds

The Bishops of England and Wales have given permission for communion of both kinds to resume from the Mass of the Lord's Supper in Holy Week (6th April 2023). The decision to receive the chalice is your personal choice. The totality of the Body, Blood, Soul and Divinity of the Lord is received in either or both the Host and the Precious Blood.

Mullion

During Lent **Mass at 11 am on Wednesdays** followed by Adoration, confessions and benediction.

Helston

Thursdays in Lent Ecumenical Study Group 7 – 8 pm in the hall

For your sakes Christ became poor (cf. 2 Cor 8:9)

Lent is a time of prayer, fasting and almsgiving in preparation for the resurrection of the Lord at Easter. Caritas Diocese of Plymouth has created a Lent Calendar

<https://www.plymouthdiocese.org.uk/lentcalendar/>

to suggest ways in which we can use this time for prayer, reflection and action as the service of the poor. Just a few small actions each week can make a positive difference. People can also join the Big Lent Walk to support the work of CAFOD

<https://walk.cafod.org.uk/about-the-walk/>

CAFOD DEC Turkey-Syria Earthquake Appeal

Your donations in recent months have made a quick response possible. Let us join CAFOD in praying for our sisters and brothers affected by the earthquakes and the winter weather. Your support for CAFOD throughout the year allows our Catholic agency to act quickly when disasters strike. For more details visit CAFOD's DEC Turkey- Syria Emergency Appeal online at <https://cafod.org.uk/give>.

Fr Brian has tried this and says it is easy!

Coffee Morning

Tuesday March 7th 10 .30 am in the hall at Falmouth come along and join us for delicious coffee and homemade cake and sausage rolls. and much more, Items made by our parish craft group for Easter will be on sale and there will be a raffle and books for sale. Enjoy a chat and bring along your friends All welcome



Stella Maris Bacon Butty Sunday

Your Winter warmer will be available on Sunday 12th March after the 10.30 am Mass in Falmouth.

Prices in the shops and cafes may be on the rise, but not our bacon butties, still only £2.50



Pilgrimage to Fatima: 11th - 15th May, 2023

Dear Friends,

I have been asked by Tangney Tours to lead a 5 day pilgrimage to Fatima in May. I have been going to Fatima for over 20 years, so it will be wonderful to be returning after a gap of three years because of the pandemic. I have stayed at the hotel we are using a number of times, and know that the accommodation and food are very good. The itinerary and further information and a booking form are at the back of church. If you would like to talk to me about the pilgrimage, please give me a call on 075 4865 4893. It would be great if a number of people from our parish could join me.

Every blessing,
Father Paul.



Stations of the Cross

Falmouth Fridays at 6.00 pm – live streamed using St Alphonsus Stations

Helston Tuesdays after 10 am Mass

Mawnan Smith Fridays 4pm

Mullion Fridays after 10 am Mass

Helston & Mullion

On **Sunday 12th March** Fr Andrew will conduct a meeting after each of the Masses at Helston and Mullion for people to discuss any issues of concern for parish life.

Dollars and Euros

Some dollars and euros have been included in the collection, if you are travelling abroad and would like to buy some please come to the office.

Date for your diary.

Celebrate **St Patrick's night** with Ceilidh music and a Cornish pasty supper Saturday 18th March, St Mary's hall after Mass. More details to follow.

Farewell and Thank You

We would like to thank John Holmes for his generous donation and let him know he will be missed and wish him well as he moves to be nearer family.

Saturday 25th March

Falmouth Model Railway Society Exhibition in the hall at Falmouth, 10 am to 4 pm.

Cornwall Hospice Care

Soup and Sweet lunch

Tuesday 21st March, 12 for 12.30pm Falmouth Hall
For catering purposes tickets need to be purchased in advance as there are only 60 places available. Tickets £8 per person. Choice of 4 home made soups and desserts. Tickets can be purchased from Pat Fitzpatrick telephone: 01326 316566, email: patfitzpatrick70@btinternet.com or see me after Sunday Mass.

Celebrate the great Solemnity of the Annunciation

Saturday 25th March 2023

St Mary's Catholic Church Hall, Helston



Alison Davis: Saying "Yes" to Life

12 noon pasty lunch followed by a talk

To mark the great feast of Mary's "yes" at the Annunciation we have a special talk about Alison Davis and her extraordinary "yes" to life. Alison was a pro-abortion atheist who tried to end her life, yet became an inspiring defender of life from conception to natural death and an exemplary Catholic, living in Plymouth diocese until her death in 2013. Though she suffered intensely she radiated joy and many hope a cause for her canonisation will be started soon. The talk will be given by Alison's friend and carer Colin Harte.

In St Mary's Church there will be a Holy Hour with Confessions from 10am and Holy Mass at 11am.

All are welcome. For further details and to request your pasty (including vegetarian options) contact the parish on 01326 312763 or andrew.marlbrough@prcdtr.org.uk

From Father Brian

As we begin our Lenten journey together I wish you all a fruitful Lent. I hope this special time will enable all of us to give space and time to God so that we will be able to prepare well for the celebration of the Feast of Easter.

This coming Friday (3rd March) is a CAFOD Lent Fast Day. Envelopes are available in all our churches to take and make your contributions and return the following weekend.

Have a good and safe week.

Points to Ponder

Every charitable act is a stepping stone toward heaven.

(Henry Ward Beecher)

Charity isn't about pity, it is about love.

(St Mother Teresa)

The best way to find yourself is to lose yourself in the service of others.

(Mahatma Ghandi)

Pope's intentions for February

For parishes: We pray that parishes, placing communion at the centre, may increasingly become communities of faith, fraternity and welcome towards those most in need.

Please keep in your prayers our sponsored seminarian in Kenya, **Brother Francis Achieng**.

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

Kathleen O'Flaherty, Colin Campbell, Theresa Sullivan, Isabella Grace, Jason Campbell, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, David Stevens, Sheila Mulligan, Jenny Davis, Francis Thompson, Veronica Robbins, Bishop Christopher Budd, Peter Luckman, Colin Davis, Lily Kingett, Audrey Holley, Sheila Jordan, Lorna Bean, Ian Bond-Stocks, Frances Chapman, Chris Cowen, Frieda Curnow, Lucy Daish, Poppy DeAth, Joan Duffy, Jenny Gilbert, Mary Harry, Jenny Hayes, Marie Kennan, David & Carmel Kerlake, Frances Meeks, Theresa Neal, John Ronan, Paul Ronan, Tony Ronan, May & Gordon Stewart, Mike Hughes, Susan Barrow, Matt Higham, the Mosely family, Daniel Williams, Valerie Dalton, Bridget Van de Pool, Cynthia Millward, Mairead McInerney, Julie Hession and Susan Parr.

Thank you for your prayers, it is a pleasure to say that we have been able to take some people off the list because they have recovered.

