



# St. Mary's Falmouth & Helston RC Parish

Parish Priest - Father Brian Kenwick V.F.



16<sup>th</sup> SUNDAY IN ORDINARY TIME (YEAR A)

Psalter: 4

23<sup>rd</sup> July 2023



## SUNDAY MASS TIMES

SAT 6.00 pm FALMOUTH Steve Pellow int.

SUN 9.00 am MAWNAN SMITH

SUN 9.30 am HELSTON

SUN 10.30 am FALMOUTH People of the Parish

SUN 11.30 am MULLION



### FALMOUTH

Weekday Masses/Services (16<sup>th</sup> week in Ordinary Time)

MON St Sharbel Makhluif 10.00 am Monica Lovell RIP

NO MASS

TUES ST JAMES NO MASS

10.00 am

WED Ss. Joachim & Anne NO MASS

THUR weekday 10.00 am Ian Smith RIP

12 noon

FRI weekday 10.00 am Anne & John Jenkin RIP

10.00 am

SAT Ss Martha, Mary & Lazarus NO MASS

10.00 am

### HELSTON

FALMOUTH

HELSTON

FALMOUTH

HELSTON

FALMOUTH

MAWNAN SMITH

HELSTON

FALMOUTH

MULLION

FALMOUTH

HELSTON

All Masses at Falmouth and Helston are live-streamed on our website: [www.falmouthcatholicchurch.org.uk](http://www.falmouthcatholicchurch.org.uk)

Adoration, Benediction and Reconciliation available after morning Mass Fridays at Mullion, Saturdays at Helston and Falmouth

THE SACRAMENT OF RECONCILIATION is also available on Saturdays 5pm – 5.45 pm at Falmouth

### PARISH CLERGY

Parish Priest – Father Brian Kenwick VF Dean of Cornwall, email: [brian.kenwick@prcdtr.org.uk](mailto:brian.kenwick@prcdtr.org.uk)

Assistant Priest – Father Andrew Marlborough email: [andrew.marlborough@prcdtr.org.uk](mailto:andrew.marlborough@prcdtr.org.uk)

Retired Priest in Residence at Helston – Father Paul Andrew email: [paul.andrew@prcdtr.org.uk](mailto:paul.andrew@prcdtr.org.uk) 07548654893

### CHURCHES

St Mary's, Killigrew St, Falmouth, TR11 3PR email: [falmouth@prcdtr.org.uk](mailto:falmouth@prcdtr.org.uk) phone 01326 312763

St Mary's, Clodgey Lane, Helston TR13 8PJ

St Michael's, Meaver Road, Mullion TR12 7AH

St Edward's, Old Church Road, Mawnan Smith TR11 5HJ

### USEFUL CONTACTS

#### Parish office:

St Mary's Presbytery, Killigrew Street, Falmouth TR11 3PR email: [falmouth@prcdtr.org.uk](mailto:falmouth@prcdtr.org.uk) phone 01326 312763

Parish School: St Mary's RC Primary, Mongleath Road, 01326 314540 <http://www.st-marys-fal.cornwall.sch.uk>

Safeguarding Officers: -Falmouth & Mawnan Smith Sheila Jordan 01326 619648, Hilary Kiszczuk 07305602680

Helston – Margaret Chambers (01326 240048) Meg Trevaskis 07813118426, Mullion Mary Keeley 01326 290008

Helston Hall administrator: Margaret Chambers 01326 240048 or 07879 402932.

Website: [www.falmouthcatholicchurch.org.uk](http://www.falmouthcatholicchurch.org.uk)

The Parish is a part of Plymouth RC Diocese, a Registered Charity no. 213227

### A VERY WARM WELCOME

to all who are worshipping with us today.

Tea & coffee are served in the parish halls at both Helston and Falmouth after Sunday Mass.

### Parish Pilgrimage to Rome and Assisi

We are making a parish pilgrimage to **Rome and Assisi** the **date changed to 9<sup>th</sup> -16<sup>th</sup> November** – would all those who have expressed an interest please confirm they are still interested, and if these dates are better for those who couldn't make October please get in touch. The change has been necessary because the airline wanted to increase the fare by £200 per person!. Approx price £1500. Limited single rooms available at approx. £420.

3 nights in Assisi and 4 in Rome, dinner, bed, and breakfast in the hotel. Flying from Bristol.

If you are interested in coming please give your names to the office, or one of the priests asap before we offer places to people from other parishes.

### Books from Bethany House

As we know the Sisters are leaving Bethany House soon. They have a large collection of books looking for a new home. The books have been catalogued by Paul Murphy and if anyone would like to have a look and reserve any books they would like please contact the office or Paul on [paul.murphy.ref@gmail.com](mailto:paul.murphy.ref@gmail.com) to see the list.

### THE CASE FOR JESUS

The enthralling film series continues on the 25th July with films about two key aspects of the life of Jesus. Firstly, "Why was Jesus crucified? What did he do and say that led to his being condemned to death by the Jewish leaders and executed by the Roman authorities"? Secondly, "What is the evidence for the resurrection of Jesus"? If you can only manage to get to one of this series of film shows we urge you to come to this one. The last session will be held on the 29th August. All sessions are held in the hall in Falmouth at 6pm

### CARITAS JULY NEWSLETTER

Caritas Diocese of Plymouth's July newsletter is now available to read online. Please click the link here: <https://tinyurl.com/57kh6zvd> If you would like a printed copy, please telephone Caritas on 01364 645360

### Day Out from Helston

Proposed visit to Buckfast Abbey and the Buckfastleigh to Totnes railway in October. In order to assess interest and If you are interested please leave your name on the list in the Church porch or contact Margaret Chambers on 07879402932.

### Summer BBQ in Helston in August.

If you are able to help with the planning on the Summer BBQ please could you stay after Mass today for a short meeting or contact Margaret Chambers on 07879402932

### Diocesan Youth Events

**Youth Rally**, 23<sup>rd</sup> September, 12.00 – 18.00

#### **St Rita's Honiton**

Join youth from across the diocese in fun, games and challenges at St Rita's Honiton. Are you ready for the infamous obstacle course? Or are a keen to score lots of goals in the penalty shoot out or netball challenge. They'll be bouncy castles, didi cars, sumo wrestling challenges and much more for you to have a go at. The event is open to anyone 7 years through to 16. You are encouraged to come as part of a parish/school or group team or simply sign up and be placed in a team. The £8 contribution includes a BBQ and drinks. To book:

<https://forms.office.com/e/L2jn7EwXfH> or contact Saskia for further information: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

**Social Justice residential**, 20<sup>th</sup> - 22<sup>nd</sup> October 2023, St Rita's Honiton

This residential is aimed at those preparing or have received confirmation (12-17). It is a chance to explore the Bishops Conference paper on **Love the Stranger**, thinking about those living in loneliness and what God asks us to do. The weekend will be jointly run with the **Columbans**. Some people with refugee and asylum status will be invited to talk about their experiences. For further information contact Saskia: [youth@prcdtr.org.uk](mailto:youth@prcdtr.org.uk)

### The first mobile phone

Was invented by God!

He called it Prayer.

It never loses signal, and you never have to recharge it, and you can use it anywhere, anytime.



## Plymouth Diocesan Ignatian Spirituality Group

### **ADVENT RETREATS**

Nov 24<sup>th</sup> – 26<sup>th</sup> (Fri – Sun) Weekend Retreat  
Nov 26<sup>th</sup> – 1<sup>st</sup> Dec (Mon – Fri) Midweek Retreat  
Nov 24<sup>th</sup> – 1<sup>st</sup> Dec (Fri - Fri) 6-day retreat.

Venue: St Rita's Centre Honiton, East Devon. A well-appointed retreat house with comfortable ensuite accommodation situated in the Vale of Honiton.

Cost includes full board & lodging.

Recommended donation:

Weekend Retreat £140;

Midweek Retreat £240;

6 – day Retreat £450.

Some of the cost could be offset for individuals who would like to go on a retreat but may have difficulties with the suggested donation.

Please contact Plymouth Diocesan Ignatian Spirituality Group at

[diocesan-ignatian-retreats@prcdtr.org.uk](mailto:diocesan-ignatian-retreats@prcdtr.org.uk)

or phone 01752 769164 or 07823 447637

for further information or booking form.

### 1<sup>st</sup> Tuesday coffee mornings

There will be no 1<sup>st</sup> Tuesday Coffee Morning Tuesday 4<sup>th</sup> July or Tuesday 1<sup>st</sup> August. See you all in September.

### 100+ club

Congratulations to our June winners -

1<sup>st</sup> number 55 £50

2<sup>nd</sup> number 105 £25

3<sup>rd</sup> number 117 £10

### March for Life

March for Life UK happens in London on Saturday 2<sup>nd</sup> September. Many are concerned about restrictions on freedom but it's often not until these restrictions affect us personally that we speak up. Abortion destroys the most fundamental freedom, the freedom to live and leaves so many women and men deeply hurting. Join thousands of others at this family-friendly event to speak up for those who cannot speak for themselves. Full details can be found at [marchforlife.co.uk](http://marchforlife.co.uk)

### Receiving Holy Communion

Following the recommendation of the Bishops of England and Wales communion by intinction (i.e. dipping the Host in the chalice) is not allowed. Also, please remember to consume the Host in the presence and sight of the minister distributing the Host.

**PRAYER FOR UKRAINE:** You are invited to join those who pray a public Rosary for peace in Ukraine.

Time: 11am, every Saturday until further notice;

Place: Lemon Quay, outside Hall for Cornwall.

### Diary Dates

any items marked \* need to be pre-booked

25<sup>th</sup> July 2 pm – Living with Loss – Fal Hall

25<sup>th</sup> July 6 pm Case for Jesus Fal Hall

### **Living with Loss**

Are you walking the path of grief?  
Losing a loved one can take us on a difficult journey.

Why not come along and meet others going through a similar experience?

We are a small friendly group that meets for tea and a chat in the hall at Falmouth on the last Tuesday in the month at 2pm.

Whether you're recently bereaved or some time ago, you are most welcome.



Feel free to contact Julie 07799706036

**From Father Brian**

As you read these words I will be on my annual holiday. I will return to the parish on Saturday 5<sup>th</sup> August. The Parish Office will be open as usual to deal with any problems and my thanks go to Father Paul Andrew who is celebrating some of the Masses in my absence. Keep safe and I will see you when I return.

This weekend is a World Day for Grandparents and the Elderly. I wish all those in that category, including me, many blessings on this special day.

Have a good and safe week.

**Points to Ponder**

A grandparent has silver in their hair and gold in their heart.

*(Anon)*

To care for those who once cared for us is one of the highest honours.

*(Pope Francis)*

It is a mortal sin to discard the elderly.

*(Pope Francis)*

**Pope's intentions for July**

For a Eucharistic life: we pray that Catholics may place the celebration of the Eucharist at the heart of their lives, transforming human relationships in a very deep way and opening to the encounter with God and all their brothers and sisters.

**Please keep in your prayers** our sponsored seminarian in Kenya, **Brother Francis Achieng**, and **Hugo Lomax** seminarian from our own parish studying at Allen Hall.

**Please pray for those in the Parish who are sick or housebound or in need of our prayers.**

Kathleen O'Flaherty, Theresa Sullivan, Isabella Grace, Sister Martin, Steven Pellow, Pat Berney, Hugh McLoughlin, David Stevens, Sheila Mulligan, Jenny Davis, Francis Thompson, Veronica Robbins, Peter Luckman, Lily Kingett, Audrey Holley, Lorna Bean, Ian Bond-Stocks, Frances Chapman, Chris Cowen, Frieda Curnow, Lucy Daish, Poppy DeAth, Joan Duffy, Jenny Gilbert, Mary Harry, Jenny Hayes, Marie Kennan, David & Carmel Kerlake, Frances Meeks, Theresa Neal, John Ronan, Paul Ronan, Tony Ronan, May & Gordon Stewart, Mike Hughes, Susan Barrow, the Mosely family, Colin Campbell, Jason Campbell, Daniel Williams, Valerie Dalton, Bridget Van de Pool, Cynthia Millward, Mairead McInerney, Baby Edward Bromage, Marie Lockeridge, Eve O'Connor, Patricia, Maureen Micciche, and Treeve Rowe.

**Thank you for your prayers, it is a pleasure to say that we have been able to take some people off the list because they have recovered.**

