

St. Mary's Falmouth & Helston RC Parish

Parish Priest - Father Brian Kenwick V.F.

4th SUNDAY OF LENT (YEAR B)

Psalter: 4

10th March 2024

SUNDAY MASS TIMES



FALMOUTH

SAT 6.00 pm FALMOUTH

SUN 9.00 am HELSTON

SUN 10.45 am FALMOUTH

People of the Parish



HELSTON

Weekday Masses/Services (4th week of Lent)

MON	4 th week of Lent	10.00 am	David McCarthy int	FALMOUTH
TUES	4 th week of Lent	10.00 am	Stephen Pellow RIP	FALMOUTH
WED	4 th week of Lent	11.30 am		MULLION
		12 noon		HELSTON
		6.00 pm	David Boulton RIP	FALMOUTH
THUR	4 th week of Lent	10.00 am		MAWNAN SMITH
FRI	4 th week of Lent	10.00 am		FALMOUTH
		10.30 am	Charles Andrew RIP	HELSTON
SAT	4 th week of Lent	10.00 am		MULLION

(fulfils Sunday obligation)

All Masses at Falmouth and Helston are live-streamed on our website: www.falmouthcatholicchurch.org.uk

THE SACRAMENT OF RECONCILIATION

is available on Saturdays 12 noon at Helston and 5pm – 5.45 pm at Falmouth

PARISH CLERGY

Parish Priest – Father Brian Kenwick VF Dean of Cornwall, email: brian.kenwick@prcdtr.org.uk

Retired Priest in Residence at Helston – Father Paul Andrew email: paul.andrew@prcdtr.org.uk 075 1547 2547

CHURCHES

St Mary's, Killigrew St, Falmouth, TR11 3PR email: falmouth@prcdtr.org.uk phone 01326 312763

St Mary's, Clodgey Lane, Helston TR13 8PJ

St Michael's, Meaver Road, Mullion TR12 7AH

St Edward's, Old Church Road, Mawnan Smith TR11 5HJ

USEFUL CONTACTS

Parish office:

St Mary's Presbytery, Killigrew Street, Falmouth TR11 3PR email: falmouth@prcdtr.org.uk phone 01326 312763

Parish School: St Mary's RC Primary, Mongleath Road, 01326 314540 <http://www.st-marys-fal.cornwall.sch.uk>

Safeguarding Officers: -Falmouth & Mawnan Smith Sheila Jordan 01326 619648, Hilary Kiszczuk 07305602680

Helston – Margaret Chambers (01326 240048) Meg Trevaskis 07813118426, Mullion Mary Keeley 01326 765458

Helston Hall administrator: Margaret Chambers 01326 240048 or 07879 402932.

Website: www.falmouthcatholicchurch.org.uk

Pope's intentions for March

For the new martyrs: Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive.

A VERY WARM WELCOME

to all who are worshipping with us today.

Opportunities to spend more time with the Lord at St Mary's, Helston

Tuesdays – 10 am Morning prayer followed by Stations of the Cross

Wednesdays – 11.30am Morning prayer + Angelus before Mass

Or 10 am Morning prayer if no Mass

Thursdays 10 am Morning Prayer

Fridays 10 am Morning Prayer

Saturdays 11 am Holy hour with exposition

And at St Mary's Falmouth...

Mondays – 10.45 am Rosary

Mondays & Tuesdays church open for private prayer from 9 am to 1 pm.

Join us for Morning prayer before Mass on Mondays, Tuesdays & Fridays at 9.45 am.

Parish Pilgrimage to Rome and Assisi

We are delighted to announce that this has finally been arranged and will take place from **15th to 22nd April 2024**. If you are interested in joining us please contact the office for details and booking forms.

Easter Eggs for Seafarers

Stella Maris will deliver eggs to seafarers visiting our local ports, with your help & generosity, leading up to Easter.

Boxes have been placed at both Heston & Falmouth for your donations. 97 to 127 grams is the ideal size, for fair distribution and easier for those delivery the eggs.

Volunteers Needed

For the washing of the feet on Holy Thursday, 28th March, at the Mass of the Lord's Supper. Last year Father Brian was unable to wash feet as there were not enough volunteers. So please put your best foot forward and step up to have your foot washed by Father Brian on Holy Thursday.

First Holy Communion 2024

The next session for children will be on **Thursday 14th March** at 4.30 pm in the hall Falmouth. Please keep all the children in your prayers

Stations of the Cross during Lent

Tuesdays at Helston 10.15 am (following morning prayer)

Fridays at 4 pm at Mawnan Smith

Fridays at 6 pm at Falmouth

Lenten Lunches

Falmouth Parish Hall 12noon Wednesdays

Wednesday **March 13th, 20th, 27th 2024**

No charge, just a small donation which will go to charity.

Mullion Methodist Church 12.30 Wednesdays

SILENT ADORATION AT FALMOUTH

Jesus Waiting To Be Loved

Once a month starting **Wednesday 13th March** from 10 am to 12 noon. Come for as long or as little as you wish BUT... for security please put your name on the watchers list on the greeters table as 2 people are required during this period.

Cornwall Hospice Care

The Falmouth Fundraising Group for Cornwall Hospice Care invite you all to an afternoon of tea, cake and MAGIC!

On **Tuesday 19th March** at the Membley Hall Hotel (seafront). This is a new venture for us all and promises to be a lot of fun. Tickets £10 each available from Christine and Pat Fitzpatrick (in advance as numbers are needed by the hotel for catering purposes) there will be a big raffle. Please come and join us - it promises to be a really fun afternoon with plenty of time to chat over tea. The magic is being performed by the proprietor of the hotel. See you there!

Act now to stop DIY abortion up to birth

Diana Johnson MP has tabled an amendment (New Clause 1) to the Government's Criminal Justice Bill, which is coming up for Report stage in Parliament in early March. This amendment seeks to change criminal law so that "no offence is committed by a woman acting in relation to her own pregnancy" at any gestation. This means that a woman who induced her abortion at home using pills (or any other method) at any stage of pregnancy, including just before natural birth, would commit no offence. This is dangerous for women and lethal for unborn babies.

Please contact your MP urgently, asking them to oppose this extreme and barbaric proposal. You can do this using SPUC's easy to use webtool, at <https://www.spuc.org.uk/abortionamendments> Please pray for the defeat of this amendment, for protection of unborn babies, and help and comfort for mothers in need.

Student News

South West Prayer Group Decade of the Rosary and Talk on the Mass by Deacon Robert Smialek - Tuesday 12/03

Join us online on Teams for our monthly decade of the rosary and a talk on the Holy Mass by Deacon Robert Smialek. The Teams link will be shared on the group chat soon.

Food4Soul - Wednesday 13/03

Join us for Holy Mass at 12:30pm followed by lunch made by our students at 1pm at the Multifaith Chaplaincy, Penryn Campus.

Chloe and Sia are going to Lourdes with HCPT East Devon Group 141 as helpers:

Chloe and Sia would like to say a 'BIG THANK YOU' to everyone in the Parish for their support and generous donations towards their trip to Lourdes. They are both very grateful to the Parish for fundraising at their February Tuesday Coffee Morning and 'Brownies'/'Guides' Bake Sale. Chloe and Sia have both now raised £903 for their HCPT Lourdes pilgrimage. **They would love to pray for any intentions you may have. There is a 'thank you' card in St. Mary's porch if you would like to write any particular intentions down and they will pray for them and our Parish community in Lourdes.** Follow us on Instagram @falmouth_cathsoc

St Patrick's Sing-Along Evening

Saturday 16th March 2024,

St Mary's Church Hall After evening Mass

Instead of a Ceilidh this year, our St Patrick's night celebration will be a parish sing - along with live music. **Entry is free.** You are welcome to bring food and wine (or your favourite drink) for your table. Tea and Coffee will be provided.

There will be a raffle and a whisky Draw. Everyone welcome.

Helston Raffle & Cake Sale

Our families are running a raffle through Lent to raise money for CHILDREN IN GAZA. Tickets will be sold after Sunday mass each week. The children will be holding a CAKE STALL after Mass on SUNDAY 17TH MARCH. All donations of baked goods will be very welcome. Thank You.



Justice and Peace meeting. Tuesday 12 march 2pm in St Mary's church hall Falmouth

We will be focussing on Pope Francis' much acclaimed "Laude Si" and the wonders and beauty of creation, our response to climate change and preserving our wonderful planet for future generations

You are warmly invited to join us to reflect and share. Refreshments will be served

Intentional Disciples

The Intentional Disciples group will be meeting in the hall in Falmouth on Tuesday 12th March at 6pm. Everyone is welcome.

Sacrament of the Sick and Mass at Helston

Saturday, **6th April 2024** at 2 PM in St Mary's Church, Clodgey Lane, Helston; followed by a Tea in the Hall immediately after the Liturgy. Father Brian and Father Paul to celebrate. All are welcome but if you know of anyone who needs transport, please contact Jane Trevaskis on 01326-564410. Volunteers are needed to help with transport and provide tea for everyone to gather socially afterwards in our Parish Hall, please contact Jane if you are available to help. Please pray for this endeavour as it has been many years since we have had the celebration of this Sacrament in Helston.

Bethany House

If parishioners would like to look at remaining contents please contact Sr Damian on 07742284764 to arrange an appointment

100+ club

Congratulations to our February winners - 1st 191 £50, 2nd 127 £25 & 3rd 44 £10

Quiet Days at Epiphany House

There are a variety of quiet days on offer at Epiphany House, please see the poster in the porch for details.

Good News from Kenya

A letter from our sponsored seminarian in Kenya has been received. Brother Francis Achieng tells us that on 6th January he was ordained Deacon in his own diocese; the last step towards priestly ordination. We have sponsored Deacon Francis and prayed for him since 2019, he writes

"I would like to thank you for offering to sponsor me throughout my theological studies and for your support both financially and in prayer." Deacon Francis is from Bondo Parish in the Archdiocese of Kisumu. He finishes "I am quite indebted and I promise my constant prayers. May the Good lord protect and nourish you and may He grant you an enriching Lent. His letter can be seen on the noticeboard. He will be ordained priest later this year.

From Fr Brian

We have now reached the 4th Sunday of Lent which is known as Laetare Sunday. Laetare means rejoice and this Sunday expresses our hope and joy that awaits us at Easter as we continue our Lenten fasts and penances.

This Sunday we also celebrate Mothering Sunday also known as Mother's Day. I wish all mothers a very happy and blessed day. For those of us whose mother's have died we commend them to the intercessions of our Blessed Lady, the Mother of the Church.

Have a good and safe week

Points to Ponder

Motherhood: All love begins and ends there.

(Robert Browning)

No one is useless in this world who lightens the burden of another.

(Charles Dickens)

Without forgiveness, Heaven stands empty.

(Ranal Currie)

We welcome into the Church **Jack Darcy Francis Rutherford** and **Amelia Evelyn Anne Rutherford** who will be baptized at the 10.45 am Sunday Mass at Falmouth.

Please keep in your prayers our sponsored seminarian in Kenya, **Deacon Francis Achieng**, and **Hugo Lomax** seminarian from our own parish studying at Allen Hall.

Please pray for those in the Parish who are sick or housebound or in need of our prayers.

Kathleen O'Flaherty, Theresa Sullivan, Isabella Grace, Pat Berney, Hugh McLoughlin, David Stevens, Sheila Mulligan, Jenny Davis, Francis Thompson, Veronica Robbins, Audrey Holley, Lorna Bean, Ian Bond-Stocks, Frances Chapman, Chris Cowen, Frieda Curnow, Lucy Daish, Poppy DeAth, Joan Duffy, Jenny Gilbert, Mary Harry, Marie Kennan, David & Carmel Kerslake, Frances Meeks, Theresa Neal, John Ronan, Paul Ronan, Tony Ronan, May Stewart, Mike Hughes, Susan Barrow, the Mosely family, Colin Campbell, Jason Campbell, Daniel Williams, Cynthia Millward, Mairead McNerney, Baby Edward Bromage, Marie Lockeridge, Eve O'Connor, Patricia, Maggie Wilton, Pauline Richfield, Treeve Rowe, Luke, Obi, Kate H, Fr Philip Dyson and Sister Cosmas.

Thank you for your prayers, it is a pleasure to say that we have been able to take some people off the list because they have recovered.

